



Please join us for Worship at 9:30 on Sept. 2 and at 9:00 thereafter

The Sunbeam

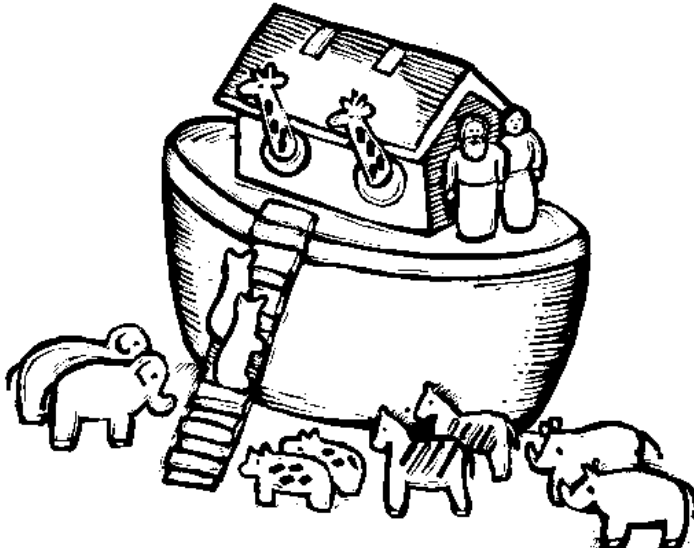
September 2012

Lansing United Methodist Church
lansingunited.org

Pastor: Jane Sautter

Christian Education Coordinator: Adam Bacher • Adult Ministries Coordinator: Karen Veaner

Climb Aboard!



**Sunday School Registration
September 9**

Waffle Breakfast!

How You Can Help, page 3

Taking a Moment with God

I'm writing this little message before I take some much needed time off and I am reminded, once again, of our need for rest and renewal. As we come into September with all the busy-ness that it brings, my prayer is that each of you has found some time for Sabbath to refresh yourself over the summer.

One of my many books about Sabbath rest is Marva Dawn's *Keeping the Sabbath Wholly*. The first section of the book is about "Ceasing"...and the chapter headings are extremely telling. They are: Ceasing Work, Ceasing Productivity and Accomplishment, Ceasing Anxiety, Worry and Tension, Ceasing Our Trying to be God, Ceasing Our Possessiveness, Ceasing Our Enculturation, and Ceasing the Humdrum and Meaninglessness. As I read through this list in preparation for some time off, I was moved by how wrapped up I am in my own

sense of importance and how my own ego has a hard time ceasing to be. The rest of Dawn's book deals with Resting, Embracing and Feasting—all with God.

This is what Jesus tried so hard to do and this is what I so need to do. Alan Jones wrote a poem about resting in God's delight (a poem I have misplaced and really must find!) which we, as busy people, often forget. God wants us to be able to take time apart to **just be**. As difficult as it may appear, that is part of our relationship with God and God's relationship with us.

So, preaching to myself... take time to be with God, rest in God's delight, put aside distractions, cease the busy-ness and find your soul again!

*Many blessings—
Pastor Jane*

Prayer Concerns

Wanda Brink
Gary Calabret
Cheryl Dykeman-Loveless
Joe Hora
Neal Shufelt
Lisa Topoleski

Mourning family of Martha Wagner, Rick
Adie's sister

Junior Choir Begins

First rehearsal September 9

Children in 3rd grade and up are invited to sing in junior choir (or 2nd grade with permission). Watch the Choir Room Door on or about September 9 for more info, or see Diane Withiam.

Adult Choir:

Wednesday, 9/5—First choir rehearsal,

7:00 –8:30 PM

Sunday, 9/9—Choir returns to 9:00 AM

worship

It Takes a Congregation

Back in June the LUMC congregation had the great joy and privilege of congratulating our Lansing High School graduates for their recent achievement. During that service we heard most of those awesome young adults talk about their time growing up in Lansing, and especially their time being influenced by the Lansing UMC congregation. One of my favorite speeches from that service was that of Ally Veaner. It was also the shortest. She said that growing up she had heard the phrase "It takes a village to raise a child" and that sentiment was akin to the experience she had (and still has) being a part of this church. That was all she really said, but that is all that she had to say to let us know that we did our part well.

Those graduating seniors are an example of the end of the youth journey in our congregation. Those seniors are great young adults, and hopefully will be good disciples in the places God has placed them in. Sure they will struggle, and stumble, and have a lot more questions, but we gave them really good tools to work with. That is not something that just happens, it takes love, investment, and prayer from a lot of people over time. It starts when they are just wee little ones in Sunday School.

Over the past nine months of being here I have seen a lot of beautiful things about LUMC. We have vibrant, curious, energetic kids. Kids who are committed to serving and learning. We have a rich history in a short fifty years, and that history is tied together by a loving community. A community that pulls off miraculous things when it works together (I think God would even rest on the seventh day of rummage sale). Those


kids are miracles, and we need to keep working together as a community to give them the best chance we can at building a relationship with God.

The people who have been committed to that task relentlessly over the past couple of years are pretty tired, so it is time to take up the yoke with them. I spoke at Sunday service about people stepping up to help teach Sunday School and actually received a nice response from a few people. One or two who had experience teaching Sunday School and wanted to take another crack at it, while others had no experience but had the desire. It was great to see because all you really need to teach Sunday School is that desire, a love of God, and caring for our kids. We are looking for people who are willing to teach in four week blocks so that you also have time to go build up your faith in the adult Sunday School classes (which Karen Veaner has been working her gluteus maximus off putting together, page 6). We have the lessons, and we are here to answer questions you have. We just need you to come be a part of it. Then one day in June, years from now, you will be hearing a speech from one of our kids at the Dads and Grads Sunday Service and you will smile knowing that you were a part of that miracle.—Adam Bacher

Giving Tree Chicken BBQ

September 15; 10:30 AM, Ball Fields Parking Lot To support the Christmas Giving Trees. Proceeds from the barbeque will be used to ensure that every child will receive a gift, for the few tags that are left when everyone has done their Christmas shopping.

Thanks to Dave Hatfield for cooking.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Worship 9:30 Adult Sunday School 10:30 Outreach 10:30	3 LABOR DAY	4 CHURCH OFFICE CLOSED	5 Prayer Service 9:00 Bell Choir 6:00 Choir 7:00	6 Senior High 7:00	7	Mens' Breakfast 7:00 Blood Drive 8:30 Junior High Pizza at Lakeview 5:00 8 Senior High Lock-in 8:00 Lakeview Mens' Breakfast 7:00 1
9 Worship 9:00 Sunday School Registration and Waffle Breakfast 10:30 Junior Choir—Watch for Info K.A.N. 4:00 FIREPLACE WORSHIP SERVICE 5:45	10 Mobile Food Pantry 10:00 Woodsedge: Bible Study 10:30 Woodsedge: Prayer Service 11:00 Trustees 7:00 Staff Parish 7:00	11	12 Prayer Service 9:00 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	13 Senior High 7:00 Adult Study Group 7:00	14 WOMEN OF FAITH IN ROCHESTER SUNBEAM DEADLINE 12:00 Midnight	15 Mens' Breakfast at Linda's in North Lansing 7:00 Chicken BBQ 10:30 Benefit Giving Tree
16 Worship 9:00 Sunday School 10:30 Outreach 10:30 Youth Mission Can and Bottle Drive	17 Woodsedge: Bible Study 10:30 Haiti Committee 7:00	18 Membership 7:00 Worship Committee 7:30	19 Prayer Service 9:00 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	20 Senior High 7:00 Adult Study Group 7:00	21	22 Mens' Breakfast 7:00
23 Worship 9:00 Sunday School 10:30	24 Woodsedge: Bible Study 10:30 Food Pantry 3:00	25	26 Prayer Service 9:00 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	27 Senior High 7:00 Adult Study Group 7:00	28	29 Men's Breakfast 7:00 Prayer Shawl Ministry/Caregivers 10:00
30 Worship 9:00 Sunday School 10:30 Installation of Bishop Webb 4:00 Hendricks Chapel Syracuse	Note: This calendar is current as of August 27. For updates to all LUMC events, visit lansingunited.org , and check the bulletin when you're in church on Sunday.			 Lansing United Methodist Church		<i>September 2012</i>

Fall Adult Ministries Activities

Greetings and Blessings to You and Yours,

Fall already? How did that happen? While I'm not so sure I'm ready to let go of the summer, I am eager to share with you what Adult Ministries has to offer you in its fall programming.

This coming year we will explore the life and times of Jesus. What is it that made Jesus Jesus? Together we will explore the history of the Jewish people, the land and time in which Jesus lived, and what it meant to be a Jew in the ancient Holy Land. Can understanding the Jewishness of Jesus transform our understanding of his teaching? In September, the Adult Sunday School class will look at a brief introduction to Judaism and the Jewish High Holy Days: Rosh Hashanah, Yom Kippur (The Days of Awe), and Sukkot, a harvest festival and remembrance of the days spent wandering in the desert.

Now, those of you that have attended an LUMC pot luck or luncheon at Café Rummage know that we Methodists love a buffet and the choices it has to offer. In keeping with that spirit, October 7–November 21, Adult Sunday School will offer 3 courses running simultaneously, and you are invited to choose from the following:

***Listening to the Language of the Bible, Hearing It Through Jesus' Ears*, by Lois Tverberg; Facilitated by Karen Veaner**

Listening to the Language of the Bible is an introduction to rich Hebrew words and Jewish cultural concepts that greatly deepen Bible study. It is a guide for discovering the beauty of the Scriptures in their Hebraic setting. From seemingly odd phrases, it shares important insights that do not translate well

from culture to culture. The book examines many topics from the perspective of the ancient Hebraic writers, including prayer, family and the promised Messiah. It also looks at the powerful sayings of Jesus in light of the Jewish culture of his time." —Amazon. This traditional Bible study class will center on Tverberg's book with supplementation from other resources.

Meditation: A Conversation with God; Facilitated by Ravi Walsh

Explore meditation practice through posture, breath, and mantra. Connect inner meditation experiences with Symbolic Tracking events in daily life. Ravi will teach people how to deepen their practice through contemplative practices and recognizing their intention in their service or work. Each program will begin with meditation to reinforce the practice. Ravi will introduce a few different styles of meditation so that everyone will have a way to connect with the practice. Each class will include time for Q and A.

The Source, by James Michener; Facilitated by Ben Veaner

"James Michener sweeps us back through time to the Holy Land, thousands of years ago. By exploring the lives and discoveries of modern archaeologists excavating the site of Tell Makor, Michener vividly re-creates life in and around an ancient city during critical periods of its existence, and traces the profound history of the Jews, including that of the early Hebrews and their persecution, the impact of Christianity on the Jewish world, the Crusades, and the Spanish Inquisition. This is an epic tale of love, strength, and

Continued at right

Adult Ministries (concluded)

faith. The Source is a compelling history of the Holy Land and its people and a richly written saga that encompasses the development of Western civilization and the great religious and cultural ideas that have shaped our world." —Amazon. As Ben puts it, "A Jew, a Christian and a Muslim walk into an archeological dig and..." This book club will feature discussion and doughnuts each week around the fireplace in the Fellowship Hall.

December will bring good tidings of great joy in the form of **an Advent study**, details TBA...

Some of our course materials are on display in the Fellowship Hall along with sign-up sheets. You are welcome to join us at any time, signing up will help me to have the appropriate quantities of books and materials on hand.

Also new this Fall:

A weekly Bible Study at Woodsedge on Mondays at 10:30 AM. All are welcome.

"Youth Group Pro" (A working title—any suggestions?), a fellowship group for the college and twenty to thirty—something crowd. The first meeting will on Sunday, September 23, at 6 PM for pizza and great company.

I feel so blessed to serve this congregation. Please let me know if you have any questions. I am in the office on Mondays and Wednesdays from 9 AM–2 PM or by appointment. You can contact me by email at adultministries@lansingunited.org or by phone at 607-592-1386. I also welcome your thoughts on future programming and the needs in our adult community.

*Love and Blessings,
Karen Veaner*

Adult Ministries Coordinator

New Disciple Bible Study Opportunity Beginning in the Fall

**When: September 2012 - June 2013 (34 weeks)
Day/Time: To be decided based on participants' availability**

We'd like to invite you to begin a Disciple journey, through a study called "Becoming Disciples through Bible Study." This 34-week class will take us through the biblical stories of Creation to the New Jerusalem. The principal Scripture for each session follows the chronological movement of the biblical story.

Please consider joining us on this voyage of discovery! Sign up on the Narthex bulletin board, or contact Laurie in the church office (533-4070 or lumcoffice@rwcny.rr.com).

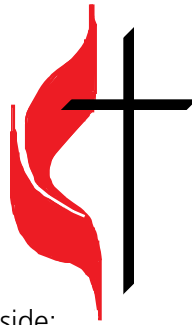
Junior and Senior High Youth Kick-off

Junior and senior high youth will have a chance to get away from it all for at least a short while—and do some planning of fun activities for the season to come.

Junior High Youth should bring their great ideas and an appetite to Lakeview on Saturday, September 8, from 5:00–7:00 PM. The agenda is pizza, planning, and fun.

Senior High Youth will start a lock-in retreat at 8:00 PM for devotions, desserts, and planning. The lock-in continues until 8:00 Sunday morning. Just in time to head for church—come as you are.

All youth should bring a snack to pass, some ideas, and a friend. Senior High Youth will need a sleeping bag, pajamas, toothbrush, and whatever else is needed to be presentable (or not) on Sunday morning.



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September 2012

**Lansing United
Methodist
Church**

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Sunday morning worship:

9:30 on September 2

9:00 on September 9, and thereafter

Lansing United Methodist Church

32 Brickyard Road, Lansing, NY 14882
one mile north of the stoplight on Route 34B
in South Lansing.

Church office: 607-533-4070

E-mail: lumcoffice@twcny.rr.com

Office manager: Laurie Moskow

www.lansingunited.org

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editor, at grw4@cornell.edu, or use the
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