

Lansing United Methodist Church

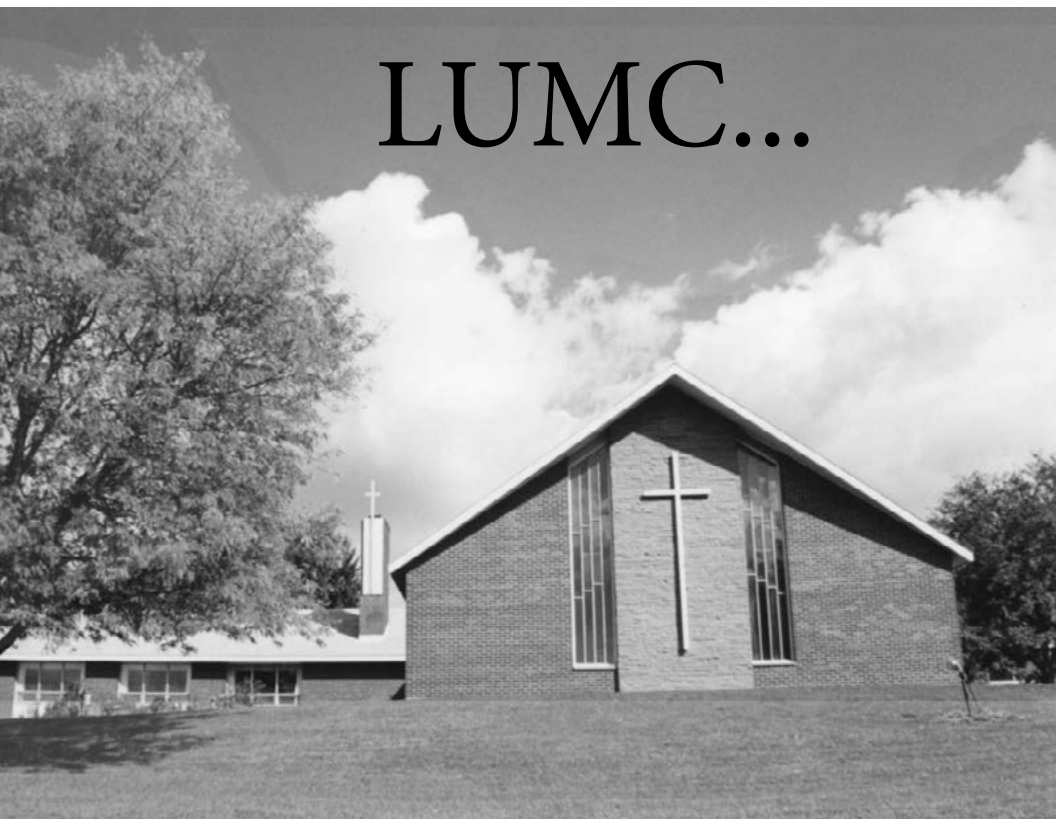
Worship 9:00 AM • Sunday School 10:30 AM

*Pastor: Jane Sautter*

*Christian Education Coordinator: Adam Bacher*

*Adult Ministries Coordinator: Karen Veaner*

# LUMC...



**...Looking Back at 50 Years of Service to Lansing and the World  
...Looking Ahead to 50 Years of Service (and More)**

## From the Pastor

### *Trip to the Holy Land*

I can hardly believe that a trip I have thought about for years is finally coming to pass!! By the time you are reading this, I will be two weeks away from going to the Holy Land...I am so excited, I can hardly stand it! When this trip was just an idea, I hadn't really thought about the timing; I am awed to realize that I will be in the Holy Land during Lent.

I can't even begin to imagine how this trip will influence my preaching for the remainder of Lent—watch out!

I am reminded of other trips I have taken and how anticipation and planning influenced the experience...not always in a good way. This time I am not concerned about language issues since I will be traveling with a group. I'm not worried about lost luggage since I have already done a "test packing" (seriously!) and can manage with a carry on. We have not been inundated with reading material or preparation meetings, so I don't have lots of preconceived notions of what to expect. I'm not worried about my kids or my dog. Everything is looking great...

So, when Dick Barton (our District Superintendent and the group leader for this trip) asked me where in the Holy Land I would most like to lead devotions, it set me into a tailspin! What??? Where would I want to do devotions? I told him it had never crossed my mind, but after thinking about it for a while, these are my choices: at Jacob's well where Jesus asked the woman for a drink, where Mary and Elizabeth stayed together before Jesus and John were born, and across from the Temple in Jerusalem where Jesus saw the widow place her pennies in the collection. And now, as I look at these choices in writing, I realize they all have to do with marginalized women...hmmm, is there a theme here?

I promise that I will keep a meticulous journal of this trip (including any frustrations I encounter along the way!). I promise that I will keep you all in my prayers during my travels. I promise that I will share my experiences with you to the best of my ability. And I promise that I will look for Jesus every step of the way.

*Many blessings,  
Pastor Jane*

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Many thanks for the prayers, cards, telephone calls and visits following my recent hip surgery in December. If you have ever experienced hospitalization and a period of home-bound recuperation, you will know how much these acts of kindness and caring help.—*Roy Hogben*

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**Lent Begins  
Ash Wednesday Service, February 13, 7:00**

## Adult Ministry News

**Meditation: A Conversation with God** will resume on Sunday mornings with shared leadership. New members are welcome to join any time. Pop in as the spirit moves you. Ravi Walsh has offered to advise this ongoing group.

### **Moses and the Great Escape...**

And if your son asks you in the future, saying, What are the testimonies, and the statutes, and the judgments, that the Lord our God commanded you? You will say to your son, We were slaves to Pharaoh in Egypt; and the Lord brought us out of Egypt with a mighty hand. The Lord gave signs and wonders, great and harmful, against Egypt, against Pharaoh, and against all his household, before our eyes: And he brought us out of there to bring us in, to give us the land that he promised our fathers.—*Deuteronomy 6:20-23*

During February and March Adult Sunday School will explore the story of the Hebrews' escape from Egypt, as told in Exodus, Chapters 1-15 and the holiday of Passover. Passover was one of the most important holidays that Jesus would have celebrated during his lifetime.

Pesach (PAY-sahk), known in English as Passover, means to pass through, to pass over, to exempt, or to spare. It refers to the fact that [God](#) "passed over" the houses of the Jews when he was slaying the firstborn of Egypt.

Passover is one of the most commonly observed Jewish holidays, even by otherwise non-observant Jews. According to the [2000-01 National Jewish Population Survey](#), 67% of Jews routinely hold or attend a Pesach seder, while only 46% belong to a synagogue" ([www.Jewfaq.org](#)).

It is widely believed that the Last Supper was a Passover Seder. A Seder is a Jewish service celebrated in the home and includes a special meal. The text for the Passover Seder is written in a book called the haggadah. The haggadah tells the story of the Exodus from Egypt and explains some of the practices and symbols of the holiday. While the actual Passover Holiday begins March 25 at sundown, **we will gather for a Passover Seder at LUMC on Friday, March 22, at 5:30 PM.**

### **Fellowship Opportunities:**

"Important conversations happen in the Kitchen." With a group of 10 or more we are eligible for a special ticket price of \$15 at the Kitchen Theatre in Ithaca. Sign up in the Narthex, email, or call the office to let me know how many tickets you need for the following performances: *Sunday, February 10*, at 4 PM: "The Whipping Man," by Matthew Lopez *Sunday, March 17*, at 4 PM: "Crooked," by Catherine Trieschmann

*Friday, March 22, 5:30 PM Passover Seder at LUMC*—This is a family celebration and all are welcome. Please sign up in the Narthex.

*Blessings,  
Karen Veaner, Adult Ministries Coordinator 607-592-1386*

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*February  
2013*

Note: This calendar is current as of January 30. For updates to all LUMC events, visit [lansingunited.org](http://lansingunited.org), and check the bulletin when you're in church on Sunday.

Prayer Service 9:00  
Women's Bible Study 9:30

Bell Choir 6:00  
Choir 7:00

1  
Needleworkers 10:00

2  
Men's Breakfast at Linda's in North Lansing Every Saturday 7:00  
  
Prayer Shawl Ministry/ Caregivers Meeting 10:00

3  
Worship 9:00  
Sunday School 10:30  
Children's Musical Rehearsal 11:30  
  
K.A.N. 3:30  
  
Fireplace Praise Service 5:00  
Super Bowl Special

4  
Pancakes and Prayers 6:30  
Bible Study at Woodsedge 10:30  
Disciple I Bible Study 12:00  
  
Staff Parish 7:00

5

6  
Prayer Service 9:00  
Women's Bible Study 9:30  
  
Bell Choir 6:00  
Choir 7:00

7  
  
Senior High 7:00  
Adult Study 7:00  
Saving Jesus from the Church

8  
Needleworkers 10:00

9  
Mens' Breakfast 7:00  
  
Chicken and Biscuit Dinner 4:30

10  
TRANSFIGURATION  
Worship 9:00  
Sunday School 10:30  
Children's Musical Rehearsal 11:30  
  
Youth Mission 6:30  
at All Saints

11  
Pancakes and Prayers 6:30  
Mobile Food Pantry 10:00  
Bible Study at Woodsedge 10:30  
Prayer Service at Woodsedge 11:00  
Disciple I Bible Study 12:00  
  
Trustees 7:00

12  
Disciple IV Bible Study 12:30  
  
"Good" Movie for Youth 7:00

13  
ASH WEDNESDAY  
  
Prayer Service 9:00  
Women's Bible Study 9:30  
  
Ash Wednesday Service 7:00  
Choir Rehearsal Follows

14  
  
Senior High 7:00

15  
Needleworkers 10:00  
  
SUNBEAM DEADLINE  
12:00 Midnight

16  
Mens' Breakfast 7:00

17  
Worship 9:00  
Sunday School 10:30  
Children's Musical Rehearsal 11:30  
  
Youth Mission Can and Bottle Drive  
  
Young Adult Fellowship 6:00

18  
Bible Study at Woodsedge 10:30  
  
Haiti 7:00

19  
  
Membership 7:00  
Worship Committee 7:30

20  
Prayer Service 9:00  
Women's Bible Study 9:30  
  
Bell Choir 6:00  
Choir 7:00

21  
  
Senior High 7:00

22  
Needleworkers 10:00

23  
Mens' Breakfast 7:00  
  
Almost Lock-in  
K-6  
6:00-9:00

24  
Worship 9:00  
Sunday School 10:30  
Children's Musical Rehearsal 11:30

25  
Pancakes and Prayers 6:30  
Bible Study at Woodsedge 10:30  
Disciple I Bible Study 12:00  
  
Lansing Food Pantry 3:00

26

27  
Prayer Service 9:00  
Women's Bible Study 9:30  
  
Bell Choir 6:00  
Choir 7:00

28  
  
Senior High 7:00



## Chicken & Biscuit Dinner to Benefit Haiti Students

**Saturday, February 9**

On Saturday, February 9, a traditional chicken and biscuit dinner will be served at LUMC from 4:30 - 7:00 pm. Tickets are available ahead of time at the church office or at the door. Proceeds from the dinner will help to pay the tuitions of our Haitian university students. If you would like to help with the dinner or to donate food, please contact Judy Hinderliter (607-533-7287 or [jk.hinderliter@gmail.com](mailto:jk.hinderliter@gmail.com)).

### Become an LUMC Barista

For many years, coffee hour “magically” appeared thanks to our “coffee angels.” However, now it’s time for a rotating group of volunteers to set up and clean up for our Sunday coffee hour following worship. Ideally, everyone could take a Sunday or two. This is not the job of bringing cookies, although you certainly can do that. Duties include preparing coffee; setting out tablecloths, coffee mugs, coffee fixings and cookies; and washing up afterwards. Individuals, families or groups can volunteer for a week at a time. Sign up on the sheet when you grab your coffee or cookie.

### The Clothes Horse—Special Requests

Thanks to all for their support of the Clothes Horse, which offers free clothing to Food Pantry clients. Kate Payne advises that three types of clothing are particularly in demand. First, boots of all sizes. Second, baby clothes, both winter or summer. The onesies disappear as soon as they are put out. Third, large clothes (XL and above). Gently used clothes are very welcome, so check through your closets. If you can help, please contact Harriet Larin or Kate Payne.

### Young Adults Are Invited to Apply to Enter United Methodist Mission Programs

Young adults between the ages of 20 and 30 can submit [application materials](#) from now through February 15 for long-term mission assignments in one of two mission programs managed by the United Methodist General Board of Global Ministries (GBGM).

**Mission Interns** commit to 25 months of service, including 20 months of international service.

**US-2s** commit to two years of service in the United States.

Applicants must have a bachelor’s degree or equivalent life experience, feel called to address the root causes of injustice, be open to new settings and new perspectives, want hands-on experience living in Christian community, and feel called to serve with, not to or for others. For more information, visit [GBGM’s website](#).

**Attention K-6 graders: Don’t miss our “Almost Lock-in” on Saturday, February 23, from 6:00 to 9:00 PM. We’ll have games, food, fun, and a movie! Wear your pajamas and bring a friend! See Adam for more information.**

## LUMC at 50: Planning Begins

**Meet February 10, 10:30**

Somewhere around this time in 1963, members of the five small Lansing Methodist churches were working on a merger—a concept that remains controversial to this day in many churches. It’s hard to express what a step of faith this required for everyone involved: moving out of a familiar church, raising money to build a new building in a new location, and developing an entirely new church organization.

An anniversary steering committee has formed, chaired by Pat Gillespie. The committee has scheduled a meeting for February 10 at 10:30, after coffee time and children’s singing time for you to suggest how to observe this anniversary, as we both recall the efforts of our church pioneers and look forward to whatever God has in mind for our future missions.

### Super Sunday at the Fireplace: February 3

Come join us for a Super Bowl party with fire, friends, and fellowship! We will start at 5:00 PM to have everyone home for kick-off. So come join us for fun and festivities, and bring your appetite for snacks and your singing voice!

### Ways to Change Your World—Digital Fasting

For some, technology has been the source of distraction, rather than an aid to productivity. With over 1 million smartphone users in the United States, it’s easy to access Facebook, Twitter, and email with the swipe of one’s finger. But sometimes this access isn’t always beneficial, so consider a digital fast once a week. It can be for a few hours, a day, or even the weekend. Allow yourself to disconnect from your phone or laptop and enjoy the company of friends and family, or spend time doing something for yourself and recharging yourself instead of your phone.—*Karen Veaner*

### Spiritual Needs of Family Caregivers

The Tompkins County Office for the Aging is offering a free workshop, “The Spiritual Needs of Family Caregivers,” to persons caring for ill or elderly relatives on Thursday, February 7, 6:30 PM– 8:00 PM at Lifelong, 119 W. Court St., Ithaca. The workshop will be presented by Rev. Tim Dean, Chaplain at Cayuga Medical Center. At this meeting, Rev. Dean will discuss the spiritual needs of family caregivers as they cope with the illness and care needs of a loved one and grieve losses.

To register for the workshop or receive information on local supports for family caregivers, call the Office for the Aging, 274-5492 or email [dstoyell@tompkins-co.org](mailto:dstoyell@tompkins-co.org).

### About this Month’s Sunbeam

We’ve changed the format of the *Sunbeam* to match new postal regulations. The cost continues to increase for both postage and paper. We’re happy to send out paper copies if that’s what works best for you, but it



# The Sunbeam

February 2013

**Lansing United  
Methodist Church  
Celebrating 50  
Years of Service and  
Praising God**

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**Worship 9:00 AM  
Sunday School 10:30 AM**

**Fireplace Praise Service 5:45 PM**

**FEBRUARY 4**

**ASH WEDNESDAY SERVICE 7:00 PM**

**FEBRUARY 13**

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## Lansing United Methodist Church

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one mile north of the stoplight on

Route 34B in South Lansing.

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Please send your news to Glenn Withiam, editor, at  
[grw4@cornell.edu](mailto:grw4@cornell.edu).

Deadline for the next issue is

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