

Lansing United Methodist Church
Worship 9:00 AM, STARTING SEPTEMBER 8

Join us at 9:30 on September 1

Pastor: Jane Sautter

Christian Education Coordinator: Adam Bacher

Adult Ministries Coordinator: Karen Veaner



Sunday School Waffle Breakfast
September 8

From the Pastor

Lessons of Summer

Many of you have noticed that I have been overly tired recently and truly needed to take some time off. This recent vacation rates in the top-ten of all time! I was able to relax and enjoy myself more than I have in a long time...I think grandchildren have a way of doing that! I promise that, in the future, I will be more conscientious about taking time off before it becomes a critical issue.

Things I learned about myself on vacation:

- I am not in charge of the weather
- Laughter is contagious
- Life is full of surprises
- I am not a kid anymore (physically or chronologically)

Things I learned about my children and grandchildren on vacation:

- Not-quite-two-year-olds have a sense of humor
- Creativity is apparent in kids of all ages
- Friends can be made at any age with all age groups
- Children are unique (even from the same gene pool)
- I am not a kid anymore (physically or chronologically)

Things I learned about God on vacation:

- God lives in our relationships
- God wants us to take joy in one another
- God wants each of us to see the wonder in life
- Butterflies are a wonderful gift of creation
- "I love you" are words God speaks to us each and every day
- God does not want us to be kids forever!!

As we gear up for all the Fall season, we need to remember that God is always ready to teach us something new. We can learn from each other regardless of age. So, my friends, I encourage you to be aware of all the abundant opportunities for learning and growing that surround us. Some of these are formalized into classes, some are internal, some are surprises in everyday life. Open yourself to all that God wants to teach you.

*With many blessings,
Pastor Jane*

Rummage Sale: Almost Number 100

September 13 and 14, starting 8:00 both days

The LUMC rummage sale began shortly after the merger, when two things happened. First, another Lansing organization gave up on their attempts at a sale, and, second, LUMC needed to make a mortgage payment. That first sale was a big hit, and we've never looked back. So, we're not quite at sale number 100, but we're mighty close. There are many ways you can help with the "sale of the century." Volunteers needed Saturday, September 7 (for setup), through Saturday, September 14 (for cleanup), and anytime in between for sorting and welcoming our guests on Friday and Saturday.

Start cleaning out those closets, basements, and attics. Rummage will be here before you know it. Tents will go up Saturday, September 7, and set up begins Sunday, September 8, after fellowship time. Deadline for donations is Tuesday, September 10. After that it's just too much to get things ready for Friday. Please, no computers, TVs, or other electronic junk that no one wants.

Sign-up sheets are now up in the narthex. Please sign up as early as possible, even if you don't know exactly when you can help. That will help us make sure everyone gets the best information ahead of the sale. And feel free to bring along a friend to help, too!

Nancy Myers and Jan Reeves will be supervising Café Rummage again. Sign-up sheets are in the kitchen and food donation sheets are in the fellowship hall. We need donations starting September 7. The lunch break for fellowship lifts everyone's spirits, and we're also serving breakfast from 7:00 to 9:00 AM, Monday through Thursday. So, come early! Also, please give Jan a copy of your recipe to share in our Café Rummage cookbook!

Church World Service Kits

It's always a good time to think of picking up items for Church World Service. Here's the Hygiene Kit listing, and the School Kit is on page 10.

Hygiene Kits

- **One hand towel (about 16" by 28", not a fingertip or a bath towel)**
- **One washcloth**
- **One wide-tooth comb**
- **One nail clipper (no metal files or emery boards)**
- **One bath size bar of soap, in wrapper**
- **One toothbrush, in original packaging**
- **Six Band-aids**
- **\$1 to buy toothpaste later**



LUMC's 50th Anniversary—Celebrate, Inspire and Reaffirm

In October of 1963 our Church was founded—accomplished by the “blood, sweat and tears” (and, yes, money) of a visionary group of fellow Christians, and made possible by divine guidance of the Holy Spirit! Before that there had been five local churches in the area that were each struggling financially and facing major renovations. These Founders (a number of whom still sit alongside us all in the pews on Sundays ☺) were able to “come together and dream big”—creating a vibrant congregation and spacious Church building.

In honor and celebration of this powerful example of God’s grace, we will be celebrating our 50th anniversary with events over the next year. We already launched with a dish-to-pass brunch and Ice Cream Social on August 25, after a Church sermon in which Pastor Jane challenged us to “think big” again about what is possible for us to accomplish (with God’s continued grace) in the next 50 years. Will we be visionary like our LUMC Founders were 50 years ago?

The theme for the year is Celebrate, Inspire, Reaffirm. We are looking forward to upcoming events over the year—all of which will be energized with the 50th Anniversary theme:

- ✓ Sunday, October 13—Worship led by our Bishop, followed by a Founder’s Panel moderated by Scott Bishop and Connie Mabry (youth members at the time of the 1963 merger), then a potluck meal and a “Ringers and Singers” Concert (including alumni choir—all who have made music at LUMC are invited to join)
- ✓ Sunday, October 20—Anniversary Stewardship Campaign Kick Off
- ✓ Saturday, November 9, 50th Anniversary Harvest Dinner
- ✓ Saturday, November 23, Turkey Trot 5K
- ✓ January 25, “LOL to God”—an adult night out at Church
- ✓ DVD of our Founders as they reminisce
- ✓ Last Sunday of each Month—congregation members selected to speak about how LUMC has made a difference in their spiritual journey


Continued next page

50th Anniversary continued

- ✓ 50th Anniversary Edition of the Church Directory
- ✓ Displaying 50 collected items during Children’s time on Sunday
- ✓ Be part of 50th Anniversary children’s musical, choir and junior choir
- ✓ and more to come...
—50th Anniversary Planning Committee

FAQs about Making Music at LUMC in our 50th Anniversary Year

- Can you (an adult) sing in the choir? Any adult singer (high school age and older) is welcome to join choir. Rehearsals begin Wednesday, September 4, 7-8:30 PM
- Can you (a child) sing in the choir? Any child, grades 3-8, is welcome to join junior choir. Rehearsals begin Sunday, September 15, noon to 12:30.
- Why sing? (Ask a choir member why they sing.) Many people have written recently on the benefits of group singing. Come - be calmed and energized at the same time. Make a joyful noise in good company.
- Is anything special happening this fall? Anyone who ever made music in any way at LUMC is welcome to joint a special “alumni” choir for our October 13 celebration—“Ringers and Singers” afternoon concert. Anyone means any person who has ever sung in choir, junior choir, kids’ musical, expanded choir, Easter Hallelujah Chorus, etc, etc, etc. And please share this information with your family and friends!
- Are there other opportunities to make music here? Yes! Please! Take the initiative! Contact Diane Withiam or Sharon Powell to offer your talents as a singer or instrumentalist—by yourself, in a small or large group.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 Summer Worship 9:30 Last Sunday at this time!</p> <p>Rummage Sale Attic Cleanout 10:30 Bring your hardhat...</p>	<p>2 Labor Day</p> <p>Church Office Closed</p>	<p>3</p> <p>Staff Parish 7:00</p>	<p>4 Prayer Service 9:00</p> <p>Bell Choir 6:00 Adult Choir 7:00</p>	<p>5</p>	<p>6 Needleworkers 10:00</p>	<p>7 Men's Breakfast at Linda's in North Lansing Every Saturday 7:00 * Blood Drive 8:30 *</p> <p><i>Rummage Sale Set Up 9:00</i></p>
<p>8 Worship 9:00 Sunday School Kickoff and Waffle Breakfast 10:30</p> <p>Kids in Action Now 3:30 Young Adult Fellowship 6:00</p>	<p>9 Mobile Food Pantry 10:00 Bible Study at Woodsedge 10:30</p> <p>Trustees 7:00</p>	<p>10</p>	<p>11 Prayer Service 9:00 Women's Bible Study 9:30</p> <p>Bell Choir 6:00 Adult Choir 7:00</p>	<p>12</p> <p>Senior High Youth 7:00</p>	<p>13 Needleworkers 10:00</p>	<p>14 Mens' Breakfast 7:00 Giving Tree BBQ 10:00-</p> <p><i>Rummage Sale 8:00 both days Cleanup begins Saturday Noon</i></p>
<i>Rummage Sale Set Up and Sorting All Week. Donation Deadline is Tuesday 6:00</i>						
<p>15 Worship 9:00 Sunday School 10:30 Junior Choir 12:00</p> <p>Youth Mission Can and Bottle Drive Youth Mission Reorganizing Meeting 6:30 All Saints Young Adult Fellowship 6:00</p>	<p>16 Pancakes and Prayers 6:30 Bible Study at Woodsedge 10:30</p> <p>Haiti 7:00</p>	<p>17</p> <p>Membership 7:00 Worship Committee 7:30</p>	<p>18 Prayer Service 9:00 Women's Bible Study 9:30</p> <p>Bell Choir 6:00 Adult Choir 7:00</p>	<p>19</p> <p>SUNBEAM DEADLINE 12:00 Midnight Senior High Youth 7:00</p>	<p>20 Needleworkers 10:00</p>	<p>21 Men's Breakfast 7:00</p>
<p>22 Worship 9:00 Sunday School 10:30 Junior Choir 12:00</p> <p>Young Adult Fellowship 6:00</p>	<p>23 Pancakes and Prayers 6:30 Bible Study at Woodsedge 10:30</p> <p>Lansing Food Pantry 3:00</p>	<p>24</p>	<p>25 Prayer Service 9:00 Women's Bible Study 9:30</p> <p>Bell Choir 6:00 Adult Choir 7:00</p>	<p>26</p> <p>Senior High Youth 7:00</p>	<p>27 Needleworkers 10:00</p>	<p>28 Mens' Breakfast 7:00</p>
<p>29 Worship 9:00 Sunday School 10:30 Junior Choir 12:00</p> <p>Young Adult Fellowship 6:00</p>	<p>30 Pancakes and Prayers 6:30 Bible Study at Woodsedge 10:30</p>		<p><i>September 2013</i></p>	 <p>Lansing United Methodist Church</p>		<p>Note: This calendar is current as of August 28. For updates to all LUMC events, visit lansingunited.org.</p>

Adult Sunday School Fall Programs

Greetings All,

As the memories of Sunday School on the Water linger, I am excited to share with you Adult Ministry opportunities for fall. Please join me in the Fellowship Hall on Sunday, September 8, at 10:30 AM for our 2nd annual “Adult Ministry Buffet.” Meet our teachers and leaders. Ask questions and find out which classes are right for you. Three Adult Sunday School programs will be offered simultaneously on Sunday mornings from 10:30 to 11:30 AM. The choice is yours!—*Karen Veaner*

Fall offerings include:

Meditation: A Conversation with God Resumes September 15

This class offers an opportunity for quiet reflection and focused intentions with the purpose of finding greater spiritual awareness and time to talk with God. There is shared leadership. Ravi Walsh has offered to advise this ongoing group via email. New members are welcome to join any time. Join in as the spirit moves you.

Chrismon Study September 15–October 27

A chrismon is a Christian symbol representing Jesus Christ. The term chrismon comes from the Latin phrase “Christi monogramma,” meaning “monogram of Christ.” Chrismon tree ornaments were developed in 1957 by the late Frances Kipps Spencer at Ascension Lutheran Church in Danville, Virginia, when she set out to create decorations appropriate for a church Christmas tree.

The textbook “Christian Believer” teaches us: “The Christian Faith uses symbols as sign language for communicating essential teachings and ideas... They fulfill their function when we look right through them to the message of truth behind them.” In this class we will explore the meaning and history of these Christian symbols and create new chrismon ornaments for our sanctuary tree.

DVD Presentations Dates Announced September 8!

Like to Watch? In this class we will explore our Jewish roots and the history of Christianity by viewing DVDs produced by multiple sources such as the BBC, Public Television, The Biblical Archeology Society, National Geographic, and others. The series will open with “Discovering Jesus in the Tallit”—Uncovering the rich symbolism and power of the Jewish Prayer Shawl.

“Choosing Miracles over Fear” Dates to Be Announced September 8!

This is an 8-week course with life coach Ariana Blossom based on “A Course in Miracles” (a complete self-study spiritual thought system that teaches that the way to universal love and peace - or remembering God - is by undoing guilt through forgiving others, healing our relationships and making them holy.)

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Adult Sunday School (continued)

A Course in Miracles describes a miracle as “a shift from fear to love.” Living in fear is a spiritual state, not an economic or circumstantial condition. Whatever your circumstances may look like, you have the choice to look through the eyes of love and light, rather than fear and scarcity. Explore your story and what your story could be. Learn to release your fears and experience miracles!

Advent Study: November 17–December 22

Details of this 5-week study will be announced at our “Sunday School Buffet” on Sunday, September 8.

Study Opportunities during the Week:

Women’s Bible Study with Jan Nagel resumes Wednesday, September 11, at 9:30 AM

Revelation, with Bonnie Blair

Saving Jesus from the Church, with Pastor Jane

Woodsedge Bible Study, with Karen Veaner, Mondays at 10:30 AM

Adult Fellowship Opportunities:

Men’s Breakfast at Linda’s Diner—Saturdays at 7:00 AM

Young Adult Fellowship (YAF)—or the 20–30 something crowd—Sundays at 6:00 PM; September 8 at Crossroads; September 15, 22, and 29 at LUMC

Prayers, with Pastor Jane—Wednesdays at 9:30 AM

Handwork, with Kathleen Waddell—Fridays from 10:00 AM–Noon

Movie Night? With enough interest we could add a movie night to the schedule. Sign up September 8 at the Adult Ministry Buffet!

Winter and Spring Coming Attractions:

Christian Believer with Pastor Jane (2 sections possible—day & evening with 4 or more participants)

If You Want to Walk on Water, You Have to Get Out of the Boat – 6-week study

World Religion Series

Hymn Study

Questions or concerns? Contact Karen Veaner at (607)592-1386 or email AdultMinistries@LansingUnited.org Love & Blessings! -Karen

Youth Mission Gears Up for New Year

High School Youth Invited to Join

—Meet September 15, 6:30 PM, All Saints Parish Center

Lansing Youth Mission will have its first planning meeting for 2014 mission trips on Sunday, September 15 at 6:30 PM in the Parish Center of All Saints Church. All high school youth (in grades 9 through 12) from LUMC and All Saints (and their parents or other supportive adults) are welcome to join Youth Mission.

We are considering two mission trips for the coming year, one trip to Guatemala to assist with building a home for a family in the San Lucas community during the February break, and one trip to a location in the Northeast U.S in the early summer to assist with disaster relief. Youth mission just completed a mission trip to East Rockaway on Long Island for Hurricane Sandy recovery.

Please plan on attending this important meeting on the September 15 if you are interested in either of the trips. We will ask people to indicate which trip they are interested in at this meeting. There is also the possibility of a shorter one- or two-day trip to the Mohawk Valley during the year to help with recent flood damage.

If you cannot make this important meeting, please contact David Stoyell (533-7947 or peganddave@juno.com) prior to the meeting to communicate your interest.

Church World Service School Kits

- One pair of blunt metal scissors
- Three spiral or tape-bound 70-count pads or notebooks of ruled paper 8-1/2" X 11" (or 8" X 10 1/2"), containing 200-210 sheets of paper. No loose-leaf, filler paper, please.
- One 30-centimeter (12") ruler
- One hand-held pencil sharpener
- Six new pencils with erasers
- One large eraser
- One box of 24 crayons (no more, no less)
- One 12" x 14" plain or patterned cloth bag with cloth handles, to hold the above items. (Please, no reusable shopping bags or backpacks.)

Come play with our adorable LUMC children

Thanks so much to Jo Baker for stepping up to be the new Nursery Coordinator. We need volunteers each week. We suggest that you volunteer for just one Sunday a year in our nursery, from 9-10 AM. We volunteers love getting to know both the children and their parents. Sign up on the sheet on the Nursery Room Door or contact Jo Baker or the church office.

Mission Opportunities: Flood Recovery (Mostly)

Teams are organized at various churches and locations in the Upper New York Conference. If you wonder what you can do to help the people who have been wiped out by floods and storms in the past year, here's your chance. For more information, contact the people named as leaders for each trip.

Sept. 22-29—Tom and Linda Cooper are leading a team to Endicott as that area wraps up its flood recovery program. This effort will finish the end of October, and there still are lots of jobs to be completed. Contact them for details at lcooper@netsnych.net.

Sept. 29-Oct. 5—The Rev. Jeff Childs is leading a recovery team to the New Jersey area affected by Hurricane Sandy. This started as a Finger Lakes team, but is open to the Conference. Contact him at revchilds@hotmail.com.

Sept. 29-Oct. 5—Roger and Donna Cullen are taking a team to Red Bird Mission in Kentucky, where they go every year to assist in the mission service in Appalachia. They have one or two openings on this team. Contact them at rcullen1@rochester.rr.com.

Oct. 6-10—Lance Stetson and Sylvia Reimer are leading a team to the Oneida area to assist in mucking out and recovery from the floods this summer. Contact Stetson at lrstetson@twcny.rr.com or Reimer at unyvim@gmail.com

Feb. 28-March 11, 2014—Tom and Judy Bonds are leading a team to Nicaragua where they will be working on construction and relationship building with General Board of Global Ministries missionary Belinda Forbes. They can add one more team member. Special skills are not needed—only a willingness to serve. Contact them at bondsjt@gmail.com.

March 29-April 5, 2014—Sylvia Reimer will be leading a medical team to Colombia. They will be working at the Clinton Rapp Clinic in Brisas del Mar doing outreach with the clinic staff. Medical professionals are particularly needed, but there will be a lot to do even without medical training. Contact Reimer at unyvim@gmail.com.



The Sunbeam

September 2013

Lansing United
Methodist Church

Celebrating 50
Years of Serving and
Praising God

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SUMMER WORSHIP 9:30 AM
SEPTEMBER 1

WORSHIP TIME IS 9:00 STARTING SEPTEMBER 8

RUMMMMMAGGGGE SALE
SEPTEMBER 13–14

Lansing United Methodist Church

32 Brickyard Road, Lansing, NY 14882

one mile north of the stoplight on

Route 34B in South Lansing.

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Please send your news to Glenn Withiam, editor, at
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