



# *The Sunbeam* October 2015

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Lansing United Methodist Church

**Worship 9:00 AM**

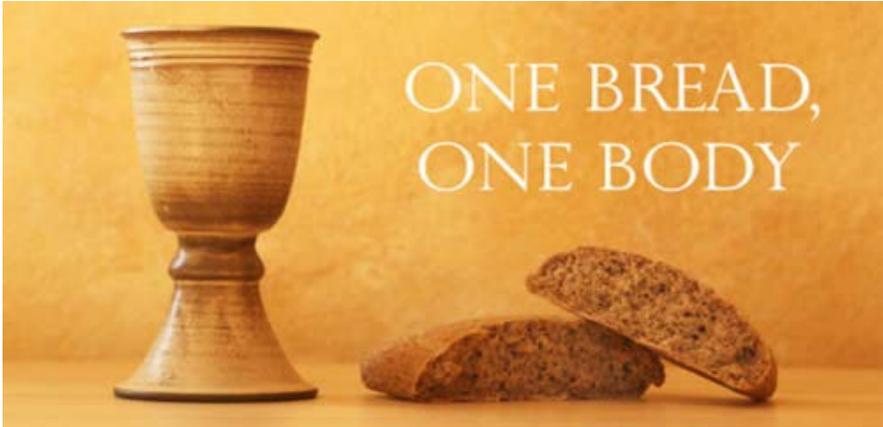
**SUNDAY SCHOOL 10:30 AM**

**PLEASE JOIN US!**

**Pastor: Jane Satter**

**Christian Education Coordinator: Kevin Klippel**

**Adult Ministries Coordinator: Karen Veaner**



**World Communion Sunday**

**October 4**

## From the Pastor

### Thinking about Transitions

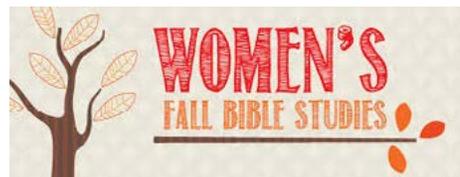
For the next few months, I will be sharing with you from the book “Ten Commandments for Pastors Leaving a Congregation.” It is important for all of us to prepare for the changes that are on the horizon. The reality will not change if it is not addressed! My letters to Bishop Webb, the district office, the cabinet dean, and the board of ministry have been sent. My pastoral appointment advice form has been shared with the SPRC and has been delivered to the District Superintendent. So, my friends, it is official (or as official as it can be before Clergy Session at Annual Conference)...I will be retiring as of June.

The first commandment is: “Thou Shalt Know When It Is Time to Go,” and I do know that it is time to go! As much as I hate to admit that I’m getting older, I’m getting older! I don’t have the stamina I once had to continue the pace of an active parish minister. While I absolutely love what I do, and one never really “retires” from ministry, I find it harder and harder to work the hours that full-time ministry demands.

This decision has been a long time coming...and was extended once. The discernment process has been agonizing and exhilarating at the same time, and has led me to be firm in my decision. To quote the book: “Discernment must always have an inward and an outward dimension. The inward aspect seeks to sense how the Spirit is leading us as it whispers in our hearts. Here we are attentive to what we are feeling and what we hear ourselves saying. In the outward dimension, we assess what is afoot in the congregation and attend to what others are saying to us that might point us toward change. Regular and honest attention to both sides of the question, ‘Is it time?’, will guide pastors to good decisions. And such attention will ultimately bless both the pastor and the congregation.”

Throughout the past year, LUMC has been through a great deal of self-evaluation. Whatever decision is made about the future of the building, you have spent a lot of time looking at where you are and where you would like to go in ministry. You have identified your strengths...and some areas in need of growth. The next steps are in God’s hands and God already knows who your next pastor will be! God knows what you need and where you will need guidance. Let us all trust the process and read and re-read Ecclesiastes 3... “For everything there is a season, and a time for every purpose under heaven.”

*Blessings,  
Pastor Jane*



### Bible Studies

#### Women's Bible Study

Women's Bible Study officially begins again on October 7. The group will start their Women of the Bible study with Esther.

#### Broken and Blessed, a Jessica LaGrone study

—with Patty Osika

How God Used One Imperfect Family to Change the World

Tuesday Evenings, 7:00 p.m., October 6, 13, 27, November 3, 10, 17

Broken and Blessed is a six-week study that traces our family story from Adam and Eve through the generations to Joseph, bringing blessing from brokenness. Through these stories of Genesis, New Testament teaching about family, and stories of contemporary families changed and used by God, this study shows us how God can use our own imperfect families to bring blessing in a hurting and broken world. There will be five daily readings per week, each including Scripture, reflective teaching material with questions, and space for recording responses, prayer suggestions, and ideas for practical application.

#### Genesis Disciple Bible Study

—with Bonnie Blair

Mondays from 12:00–2:00 p.m.  
through November 2



This study offers a deep, eight-week examination of Genesis, emphasizing the rhythm of coming to God and going for God...approaching all experiences of life as opportunities for faithful witness and service. Expect to build spiritual discipline through 6 daily readings per week, including Scripture and study manual with questions and space for recording responses, prayer suggestions, and ideas for practical applications.

## Adult Sunday Classes

### The Wired Word

—with Judy Hinderliter

**T**he Wired Word is an in-depth exploration and discussion of a current event that will be analyzed in a biblical context each week. Introductory material will be sent by email each week for those that wish to start thinking about our topic in advance, but you don't have to be on-line to participate. Please contact Judy Hinderliter by email at [jk.hinderliter@gmail.com](mailto:jk.hinderliter@gmail.com) if you wish to receive the weekly topic and background articles in advance by email. People in other churches have taken this study and found it to be intelligent and provocative.

### Meditation: A Conversation with God

—Shared Leadership

Take a break from your busy week. Explore meditation practice through posture, breath, and mantra. This is an opportunity to take quiet time to talk with God. The class is open and you are welcome to join at anytime!

**Note: A Bead and a Prayer will not be offered on Sunday Mornings due to lack of interest.**

There has been some interest in moving the time of this class to an afternoon or evening. If you would be interested in participating on a day other than Sunday, please contact Karen at [AdultMinistries@LansingUnited.org](mailto:AdultMinistries@LansingUnited.org).

### Apple Pie Bee

**I**t is time for the fall apple pie bee which supports our apple pie ministry. It will be held Thursday, October 8, from 9:00 a.m. to 1:00 p.m. Or we'll wrap up sooner if we have a good crew. We use an assembly line to prepare the pies so there are other duties besides rolling the crusts such as: mixing the dough, peeling and slicing the apples, filling the pie crusts, bagging up and labeling the finished pies, and clean-up. Please consider coming even if you can't work the whole shift. During the morning, we bake some pie so after the bee we can enjoy a delicious piece of apple pie with coffee and tea. There is usually some leftover sliced apples that can be taken home. So put the date on your calendar and come join us!!

Please let Sandy Cleveland know if you can attend, [sscleve@yahoo.com](mailto:sscleve@yahoo.com); 533-7169.

## What Is the United Methodist Church Doing for the European Refugee Crisis?

**H**ere are some of the actions that the United Methodist Committee on Relief (UMCOR) and its affiliates are taking for the refugees, most of whom have left their homes in Syria, Iraq, and Afghanistan due to continued warfare. Many of the refugees who survive the incredibly dangerous passage across the Mediterranean Sea come ashore in Sicily or the Greek Islands. There, UMCOR is working with a local partner, Pellegrino della Terra, to provide emergency food vouchers, and with partner Global Medic to provide food packets and hygiene kits on the islands of Kos and Lesbos.

In Hungary, The United Methodist Church is a member of the Hungarian Interchurch Aid, whose volunteers have been working at refugee camps and transit zones. Volunteers there are providing psychosocial services for children ages 3 to 14 years in two temporary reception centers, along with children's clothes and toys, diapers, baby food, blankets, towels, non-perishable food, and hygiene items at several reception centers. With the Wesleyan Alliance, the churches set up a baby-bath center at Keleti Railway station in Budapest. Other United Methodist congregations in Budapest have joined the volunteers in Christians for Migrants.

For refugees who have passed through Hungary to Germany, local churches already have programs in place, offering language classes, fellowship groups where refugees and Germans talk and prepare meals and support one another or provide special programs for children, and legal and spiritual counsel for asylum seekers. Plus, many Germans went to the train stations and the shelters to welcome the refugees. Unfortunately, the borders in Europe are gradually closing under the tide of refugees, estimated at over 300,000.

### What you can do for the refugees...

Thomas Kemper, general secretary of the General Board of Global Ministries, has written an open letter regarding The United Methodist Church's response to the ongoing European refugee crisis. In his letter, Kemper outlines the scope of the crisis, requests prayer as an immediate response, and highlights UMCOR's work. To lend your financial support, please send donations to UMCOR by dropping a check into the plate on Sunday. You can make the check to LUMC, please denote "Advance #982450" for International Disaster Response on your check, or just write "European Refugees." As with all donations to UMCOR, there is no overhead deducted, and every dime goes to the purpose that you have designated. We pay for the overhead when One Great Hour of Sharing comes around in the fall.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*Lansing United  
Methodist  
Church*

*October  
2015*

				1 Rummage Sale Sorting and Final Setup	2 Rummage Sale! 8:00 both days Senior High Youth 6:00	3 Men's Breakfast 7:00 Rummage Sale Clean-up begins about 12:00 noon
4 WORLD COMMUNION SUNDAY SPECIAL OFFERING Worship 9:00 Sunday School 10:30 Junior Choir 11:30 Kids in Action Now K.A.N. 5:30	5 Pancakes and Prayers 7:00 Bible Study at Woodsedge 10:30 Bible Study at LUMC 12:00 Staff Parish 7:00 Wingmen Men's Group 7:00	6 Needleworkers 10:00 Bible Study 7:00	7 Women's Bible Study Begins 9:30 Bell Choir 6:00 Choir 7:00	8 Apple Pie Bee 9:00	9 Senior High Youth 6:00	10 Mens' Breakfast at Linda's in North Lansing Every Saturday 7:00
11 Worship 9:00 Sunday School 10:30 Junior Choir 11:30	12 Bible Study @ Woodsedge 10:30 Prayer Service @ Woodsedge 11:00 Bible Study at LUMC 12:00 Trustees 7:00 Wingmen Men's Group 7:00	13 Needleworkers 10:00 Bible Study 7:00 Church Council 7:00	14 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	15 SUNBEAM DEADLINE	16 Senior High Youth 6:00	17 Men's Breakfast 7:00
18 Worship 9:00 Sunday School 10:30 Junior Choir 11:30 Youth Mission Can and Bottle Drive LUMC Dinner at Rescue Mission Prep 3:00 Dinner 5:00	19 Pancakes and Prayers 7:00 Bible Study at Woodsedge 10:30 Bible Study at LUMC 12:00 Finance 7:00 Wingmen Men's Group 7:00	20 Needleworkers 10:00 Worship Committee 7:00	21 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	22 Peanut Brittle Bee 6:00	23 Senior High Youth 6:00	24 Men's Breakfast 7:00
25 Worship 9:00 Sunday School 10:30 Junior Choir 11:30 Children's Ministries 11:45	26 Pancakes and Prayers 7:00 Bible Study at Woodsedge 10:30 Bible Study at LUMC 12:00 Lansing Food Pantry 1:00 Wingmen Men's Group 7:00	27 Needleworkers 10:00 Bible Study 7:00	28 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	29	30 Senior High Youth 6:00	31 Mens' Breakfast 7:00 Note: Set your clocks back when you go to bed tonight. Standard Time begins Sunday, November 1.



**Another balloon bites the dust.**

## **K.A.N. Kids Perceive, Pop, and Pledge!**

**O**ur year in K.A.N. (Kids in Action Now) is off to a powerful start! Our first meeting began with greeting veteran K.A.N. members and welcoming some new friends to our group. Before we learned about our first service project, we pondered the question of what the mission of K.A.N. is all about. After thoughtful brainstorming and some help from Christian musician, Jason Gray, in his song “With Every Act of Love,” the kids perceived that because God calls us to serve, we do so in a response of love for Him and for His people in need. When we serve God, we shine His light, we allow the kingdom of heaven to

come to earth, and we bring Him glory. Through observing a glass of water compared with a glass of Sprite, we concluded that it is honorable to help others and to do good works, but it is our commitment to act for God that brings “fizz” to our faith and what makes us “sparkle.” Without Christ, our acts of service are dull like the water.

We explored what God’s word in scripture has to say about serving others, feeding the hungry, and taking care of the poor. We played a game called “Stomp Out Hunger” by, yes, you guessed it, stomping on balloons that contained scripture verses. The kids used their might to pop over 20 balloons! Taking a look at just a fraction of these verses helped us to understand that God’s call to “serve one another in love” (Galatians 5:13) is essential.

On Saturday, September 26, we carried out our first K.A.N. act of service at the Ithaca mobile pack for the mission called Feed My Starving Children. Marcie Bishop, local coordinator of Ithaca mobile pack, came with her son whom she adopted from Ghana to talk to us about how we can turn the hunger of starving and malnourished children worldwide into hope by packing meals during a two-hour packing session. You can be proud of the response of our K.A.N. kids as they pledged to help pack the meals and to raise donations to buy the ingredients for these meals.

We welcome all 3<sup>rd</sup> to 6<sup>th</sup> graders to join us for K.A.N.! The power of the Holy Spirit floods our hearts and puts our hands and feet to work in a way only God can do! Thank you for your prayers and support of our awesome K.A.N. kids!—*Debbie Geise*

## **Help Beautify Our Sanctuary**

Now that we are all together worshipping in the sanctuary, it would be good to brighten our altar with flowers. Please sign up on the sheet in the Narthex if you would like to provide flowers, whether it’s a nice bunch from your garden or an arrangement.—*Jeanne Bishop*

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## **Adults in Mission Dinner**

Ithaca Rescue Mission Dinner Sunday, 18 October: LUMC Adults in Mission are planning to host a chili dinner for 30 at the Mission in conjunction with the KAN Kids. We are in need of a few adults to help prepare some chili and other side dishes. Please contact Laura Alexander, 533-4869, if you are interested in helping prepare some food for the folks in need in downtown Ithaca.

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## **Welcome to the Nursery**

**O**ur nursery is open to minister to families with children who are not yet enrolled in Kindergarten. Nursery hours are from 8:45 to the end of the worship service. Parents may sign-in their children prior to the start of worship, and the children will be brought into the sanctuary for Children’s Time. Although we are committed to offering nursery care, children of all ages are always welcome in the sanctuary at all times to take part in worship with their families. For the safety of our youngest, we do ask families to honor the age limit of children brought to the nursery. Parents are welcome to accompany older children who may need a break to the “blue room” across from the nursery where storybooks and some toys are available.

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## **Fall Rummage Sale Is Almost Here**

Please put the rummage sale on your calendar for October 2 and 3. Don’t forget Café Rummage, which can use your food donations.

An important and interesting job is cleanup. If you want to feel like a miracle worker, that’s the job for you. Cleanup will start about noon on Saturday, October 3. When the church is all cleaned up Saturday afternoon, it seems like a miracle.

The rummage sale accomplishes many goals. It helps you clean out your closet. It moves items from people who don’t need those items to people who do. It provides a week of great fellowship and fun. And along the way it raises money for church mission.

## Fall Festival: November 1

Would you prefer something a little more family friendly (and a little less ghoulish) than regular-old trick-or-treating? Then come Trunk-or-Treating! November 1 is our annual FallFest! There will be many fun activities for kids to participate in, including the old classics like scarecrow stuffing, a hay ride, and of course, the cider press! Also returning this year is Trunk-or-Treat! There's always a couple fun surprises thrown in, too! Festivities kick off at 3:30 p.m., and stick around afterwards to join the K.A.N. team in making ornaments for the giving tree. All are welcome! Contact Kevin Klippel with any questions.



## World Communion Sunday

October 4 is designated as World Communion Sunday, one of the six churchwide Special Sundays of The United Methodist Church. World Communion Sunday provides scholarships for U.S.

ethnic and international students, on both undergraduate and graduate levels.

The World Communion Sunday offering is divided as follows:

- 50% — Crusade Scholarship program, at least half must go beyond the United States;
- 35% — Ethnic Scholarship program;
- 15% — Ethnic In-Service Training program.

## World Communion Sunday 2015

Six seminary students involved in a scholarship and mentoring program for racial-ethnic students graduated last year receiving their M.Div. degree with support of \$5,000 scholarships from the World Communion Sunday offering. They plan to be ordained as deacons or elders in The United Methodist Church, bringing the total of graduates who took part in this program to 19 since it began in 2004. The six are Analisa Trejo Barrington, JiHun Yoo, Paul Trejo, John Wang, Tabitha Mock-Scott, and Tariq Cummings.

Analisa Barrington attended Perkins School of Theology: "One of the greatest things I learned is that no matter what your background, when your identity is [centered] in Christ, you have so much more in common than you ever realized," she said.

John Wang, a graduate of the Divinity

**continued on next page**

## Choir at LUMC—Further Thoughts

Methodists are known as a "singing people." John Wesley instructs us very particularly in the singing of hymns—see his "Directions for Singing" in the introductory pages of our hardbound hymnal.

We offered some thoughts last month about why we sing in choir. We are further considering what is the role of choir in worship?

Here are thoughts from the junior choir: We like to sing. Thus, we bring the gift that God gave us to the congregation. We praise and worship God through our singing. Junior choir (along with the adult choir) helps lead the congregation in its singing and in its worship.

Here are some thoughts from the adult choir: Music in worship is a way of sharing God's word. Music is a form of prayer. Music is how children may first approach God. The chords and vibrations in our music physically change and heal. Music helps text stick in memory. Choir helps to lead congregational song and teach new congregational song. Music draws people in to worship. Music has power to touch the soul. Music engages. Music adds spiritual energy to worship. Music is another way to share God's word. Music draws us and God into relationship. Music adds emotion or drama. Music influences mood.

Psalm 100 tells us to "Make a joyful noise to the Lord, all the earth. Worship the Lord with gladness; come into his presence with singing." (New Revised Standard Edition) *The Message* translation gives the old words a new spin: "On your feet now—applaud God! Bring a gift of laughter, sing yourselves into his presence."

You are welcome to add your thoughts to the choir room door. You are welcome to join the congregational song or to bring your gifts in the worship arts to our worship, whether your gift is music, dance, drama, or visual art, whether you are inclined to join a choir or practice your art in another way.—*Diane Withiam*

## World Communion Sunday (concluded)

School, Duke University, began serving this summer as a licensed local pastor at Highland Park United Methodist Church in Spokane, Wash.

Tariq Cummings, a graduate of Gammon Theological Seminary in Atlanta, said: "Through the time spent with my sisters and brothers, I have learned to always be open to the power and presence of God's grace. From my mentors, I have learned that God will definitely give you the grace for the journey." Cummings will be appointed in the North Georgia Conference to Allgood Road United Methodist Church in Stone Mountain, Ga.

Perkins School of Theology graduate Paul Trejo worked over the summer with Southwest Texas Conference staff for youth and college ministries.

# The Sunbeam

October 2015



Lansing United  
Methodist Church

WORSHIP

9:00 A.M.

SUNDAY SCHOOL 10:30

RUMMAGE SALE

OCTOBER 2 & 3 8:00 A.M.

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## Lansing United Methodist Church

32 Brickyard Road, Lansing, NY 14882

one mile north of the stoplight on

Route 34B in South Lansing.

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[www.lansingunited.org](http://www.lansingunited.org)

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Please send your news to Glenn Withiam,  
editor, at [grw4@cornell.edu](mailto:grw4@cornell.edu).

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