

The Sunbeam March 2016

Lansing United Methodist Church

Worship 9:00 AM

SUNDAY SCHOOL 10:30 AM

PLEASE JOIN US!

Pastor: Jane Satter

Christian Education Coordinator: Kevin Klippel

Adult Ministries Coordinator: Karen Veaner



Holy Week 2016

Palm Sunday, March 20

Maundy Thursday, March 24

Easter, March 27

From the Pastor

Easy Does It

In the season of Lent we are told to reflect on our relationship with Jesus and to hear what Jesus had to say to us. One of the most profound things that Jesus said can be found in the gospels of Matthew (22: 39b), Mark (12: 31a) and Luke (10: 27b): “You shall love your neighbor as yourself.” We often miss an important message here—loving ourselves. We are capable of loving one another only to the extent that we are able to love ourselves. If we look into the mirror in the morning and growl at the person who looks back...we will growl at everyone else all day long!

The sixth commandment from Ten Commandments for Pastors Leaving a Congregation is “thou shalt be gentle with thyself.” Clergy hear a great deal about “self-care” and are notoriously terrible at doing it! It is important in this time of transition that I become very aware of caring for myself. There is a tremendous amount of stress involved in moving no matter what the reason...but there seems to be more stress when it involves being sure there are as few loose ends as possible left behind. Oftentimes (and I find myself doing this!), pastors become so involved with being sure that everyone else is being cared for that they forget to care for themselves.

In order for anyone to be able to love themselves, they **must** be able to recognize what they need and attend to it. If I am completely depleted, I will find myself picking at all those things about myself that I wish were different. When I become overtired and grumpy, I find myself getting snarky... and then I feel guilty. When I feel guilty, I start to pick at all my faults and end up disliking (hating?) who I am. The danger here is that when I dislike myself it goes full circle to disliking everyone and everything around me in like measure!

So, the only responsible way to deal with the stress of change is to truly be conscious of the need to be gentle with myself—and the corollary is to be gentle with all of you. The other piece of this is that I will count on you to hold me accountable for this! I need you to point out when I might need to take a walk or a nap. And I need you to respect when I recognize this all by myself and make myself scarce!

To quote from the book: “Transitioning pastors need always to remember the essential truth that change causes stress. And it’s a direct correlation: the

Continued at right

Taking Care (concluded)

more change, the more stress. It is that clear and simple. We need to recall our limitations in coping with stress, doing all that is necessary to insure that our stress management capabilities are at their best. Acceptance of our limitations and commitment to self-care are nowhere more needed in pastoral ministry than in the time of leaving a congregation.”

I recognize my own stress and I recognize your stress as well. If we all are gentle with ourselves and with each other, it will go a long way to minimize organizational stress. Look in that mirror and see that you are made in the image of God and thus, are worthy of being loved!

*Blessings,
Pastor Jane*

Holy Week Worship

Palm Sunday, March 20, 9:00
worship

Tuesday, March 22, Presentation of
"Lord, Is It I?"



Maundy Thursday, March 24, Presentation of "Lord, Is It I?"

Good Friday, March 25 Sanctuary open for prayer and meditation
Easter!, March 27, Morning Worship at 7:00, 9:00, and 11:00

We begin our observance of Holy Week with palms to celebrate Jesus' triumphal entry into Jerusalem. As we conclude worship that day, we look forward with concern as the cross looms large. The choir will sing a medley of song selections from the Broadway show *Godspell*.

"Lord, Is It I?" will be presented two nights during Holy Week

On Tuesday, March 22, and Maundy Thursday, March 24, the Lenten play "Lord, Is It I?," by Ernest K. Emurian, will be presented in the Lansing United Methodist Church sanctuary at 7:30 p.m. Following the play, Holy Communion will be served. "Lord, Is It I?" is set in the upper room as Leonardo da Vinci portrayed it in his painting *The Last Supper*. Each disciple reflects on his life with Jesus and ponders Jesus' statement that one of them will betray him. A nursery will be provided for young children on Thursday.

Easter! Easter! Easter! We will have three services Easter morning, outdoors as the sun rises at 7:00, plus at 9:00 and 11:00 in the sanctuary with the Ithaca College trombone troupe.



Talents and Goods Auction

Sunday, March 13, 3:00 p.m.
at All Saints Roman Catholic Church

To benefit Lansing Youth Mission work trips for Hurricane Sandy Restoration and to Guatemala

Where else can you get overnight stays at area hotels, home-cooked dinners delivered to your home, several hours of yardwork or babysitting, gift certificates to some of the finest area restaurants and other businesses, music and exercise lessons, tickets to Cornell athletic events...and the list

goes on. Look for the sneak preview list of auction items, which you'll find at church!

LUMC to Vote on Building Project

To Pastor Jane Sautter and the Lansing United Methodist Church Leadership:

I hereby authorize the Rev. Jane Sautter, Ordained Elder, to convene a Special Church Conference on Sunday, March 13, after morning worship, to vote on whether to move forward in your building program.

At the church conference, your building committee shall present:

- (a) The preliminary architectural plans;
- (b) The preliminary cost estimate;
- (c) The preliminary financial plan; and
- (d) The building committee's recommendation.

A majority vote of the membership present and voting at the church conference shall be required to approve the preliminary architectural plans, cost estimate, financial plan, and the building committee's recommendation. Upon completion of the Charge Conference, have your secretary retain minutes for your church records, and send me a copy within one week. Blessings abound as you continue the work of our Lord.

I look forward to this step on your journey of faith and faithfulness!

In Christ,

Jeff McDowell

District Superintendent



Adult Sunday School Lenten Study 2016

Renegade Gospel: The Rebel Jesus, by Reverend Mike Slaughter

"This isn't your grandma's Sunday school curriculum...this is a call to a holy uprising."—*Shane Claiborne*

In *Renegade Gospel*, pastor and author Mike Slaughter presents Jesus and his challenging message to inspire us during Lent, Easter, and through the year.

Central to the Christian faith is a man who denies all our pre-conceived notions about what God should look like. Joining his movement will mean coming to terms with the real Jesus, the rebel Jesus. Jesus didn't come to start a religion. The rebel Jesus came with a renegade gospel to start a revolution. You and I are invited to be a part. Read the red letters and discover Jesus all over again.

Note: Junior & Senior High classes will also be using this study with their own format. Look forward to some great conversation during Fellowship!

3/6 The Most Important Question You Will Ever Have to Answer, with Monica Woodward


3/13 – No Sunday School -

3/20 Seeing Jesus Today, with Karen Bishop

3/27 Easter—No Sunday School

4/3 The Way of the Cross, leadership T.B.A.

4/10 Resurrection, with Reverend Dave Nichols

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>March 2016</i>		1 Needleworkers Group 10:00 Ladies in Fellowship Together (LIFT) 6:30 Crossroads Lord, Is It I? Rehearsal 7:00	2 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	3 Wingmen Men's Group 6:30	4 Senior High Youth 6:00	5 Mens' Breakfast at Linda's in North Lansing Every Saturday 7:00 Prayer Shawl/Caregivers 10:00
	6 ONE GREAT HOUR OF SHARING Worship 9:00 Sunday School 10:30 Children's Musical Rehearsal 11:30 Confirmation 4:00 K.A.N. 5:30	7 Pancakes and Prayers 7:00 Bible Study @ Woodsedge 10:30 Bible Study at LUMC 12:00 Staff Parish 7:00	8 Needleworkers Group 10:00 Lord, Is It I? Rehearsal 7:00	9 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	10 Wingmen Men's Group 6:30	11 Senior High Youth 6:00
13 Worship 9:00 EASTERN DAYLIGHT TIME Church Conference on Building Project 10:30 Children's Musical Rehearsal 11:30 Youth Mission Talents and Goods Auction 3:00 at All Saints RC Church	14 Pancakes and Prayers 7:00 Mobile Food Pantry 10:00 Bible Study @ Woodsedge 10:30 Bible Study at LUMC 12:00 Trustees 7:00	15 Needleworkers Group 10:00 Worship Committee 7:00 Sunbeam Deadline Midnight	16 Finger Lakes District Clergy Day Away 9:00 (all day and evening) Bell Choir 6:00 Choir 7:00	17 Wingmen Men's Group 6:30	18 Senior High Youth 6:00	19 Men's Breakfast 7:00
20 Worship 9:00 Sunday School 10:30 Children's Musical Rehearsal 11:30 Youth Mission Can and Bottle Drive Confirmation 4:00	21 Pancakes and Prayers 7:00 Bible Study at Woodsedge 10:30 Bible Study at LUMC 12:00 Lord, Is It I? Rehearsal 6:30 Haiti Committee 7:00	22 Needleworkers Group 10:00 Lord, Is It I? 7:30	23 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	24 MAUNDY THURSDAY Lord, Is It I? 7:30	25 GOOD FRIDAY CHURCH OFFICE CLOSED	26 Mens' Breakfast 7:00
27 EASTER! HE IS RISEN! Worship 7:00 Worship 9:00 Worship 11:00	28 Bible Study at Woodsedge 10:30 Food Pantry at the Rink 1:00	29 Needleworkers Group 10:00	30 Women's Bible Study 9:30 Bell Choir 6:00 Choir 7:00	31 Wingmen Men's Group 6:30	 <p><i>Lansing United Methodist Church</i></p>	

Easter Remembrances with Flowers and Music

Flower orders accepted through Sunday, March 13

Every Easter, LUMC has the opportunity to beautify the Sanctuary and share remembrances of loved ones past and present by purchasing potted lilies and tulips provided by Bakers' Acres in Lansing. After the last service, the flowers can be taken home or given to someone else to enjoy. Order forms will be available in the Sunday bulletins and on the table in the Narthex. Outside of regular office hours, completed forms may be left in the folder on the door.

Once again, the Ithaca College trombone troupe will play for us. We welcome memorial donations to support their visit.



Mandated Safe Sanctuary Training

Saturday, April 2, 9:00 -11:30 a.m.

Safe Sanctuary Training has been officially scheduled for April 2, at 9:00 a.m. in Fellowship Hall. This training is mandatory for anyone who volunteers to work with any age group (children, youth, and adults) or who might possibly volunteer in the future. Your presence is needed at this training session.

Safe Sanctuary is mandated by the United Methodist Church to protect all members, both the volunteers and the people they work with. As a church, compliance with it is not optional. All volunteers are required to participate in this training, which will help everybody understand the basic procedures for keeping all children, youth, and adults safe from harm as they participate in the myriad of wonderful ministries that our community of faith has to offer.

This is LUMC, after all, and so light snacks will be served. Childcare will be provided if requested by Sunday, March 27. More info will be available in the coming weeks, but please mark your calendars now for April 2, at 9:00 a.m., and make every effort to be here for this very important seminar. Please direct any questions to Kevin Klippel (youthcoordinator@lansingunited.org).



Lord, Is It I?

Presented at 7:30 p.m.

Tuesday, March 22, and Maundy Thursday, March 24



Casowasco is the closest to Lansing of our conference camps, but there are several to choose from. All beautiful. All with great programs for learning about God.



Camp Registration Is Open!!

Plan to Bring a Friend!

Camp registration is open! Now is the time to start thinking about summer camp. Early signups have already started. LUMC's policy is that money should never stand in the way of having a child go to camp. Children: Invite a friend to camp! The church will help out with the campership funds. A child does not have to be a member of LUMC or of any church to receive campership funds from LUMC. We want to send children to camp!

One Great Hour of Sharing

March 6

On March 6, LUMC will join Methodists worldwide in One Great Hour of Sharing, a special offering to support the work of the United Methodist Committee on Relief, usually known as UMCOR. UMCOR is a ministry of The United Methodist Church through the General Board of Global Ministries, and our goal is to assist the most vulnerable persons affected by crisis or chronic need without regard to their race, religion, gender, or sexual orientation. This is an extension of Jesus' call for us to support all people.



UMCOR's work reaches people in more than 80 countries, including the United States. The agency provides humanitarian relief when war, conflict, or natural disaster disrupt life to such an extent that communities are unable to recover on their own.

While UMCOR cooperates with other aid organizations to extend our reach, our most important partners are the people we serve. We are confident that successful solutions to emergency or chronic conditions begin with the affected population. UMCOR provides these survivors not only temporary relief but long-term education, training, and support.

Through the support of One Great Hour of Sharing, UMCOR spends 100 percent of designated donations on the projects our donors specify. The One Great Hour offering covers any overhead, meaning that every dime goes to where you designate. When UMCOR donors give their time, money, and supplies, they join UMCOR as the hands and feet of Christ.

About UMCOR

UMCOR provides humanitarian relief and disaster response in the United States and internationally. Our efforts are targeted in places where natural disasters, war, or conflict have done so much damage that communities are unable to recover on their own. While UMCOR is not a first-response organization, we stand ready to accompany communities in need over the long haul of their recovery, until they are well on their way to establishing a "new normal" after a crisis.

In addition, UMCOR helps communities in the United States and abroad prepare for emergencies and to reduce the risk of disasters through a roster of training programs.

UMCOR's International Development Unit works through its field offices and its extensive partner network to facilitate long-term community development and empowerment in areas of great need. Many development issues and opportunities are interrelated, so UMCOR uses integrated solutions to address root causes, working alongside local communities to develop assets in water, sanitation, and hygiene, sustainable agriculture and food security, and nutrition.

Our work is informed by global initiatives such as the Millennium Development Goals, the post-2015 development goals (in process), Sphere Standards, and best practices with regards to facilitating sustainable solutions, measuring impact, and evaluating approaches. We seek to alleviate human suffering without regard to race, religion, gender or sexual orientation. We believe all people have God-given worth, dignity and a right to assistance when in need.

One of UMCOR's important functions is disaster relief in the U.S. and internationally. UMCOR's trained early responders arrive after emergency personnel have stabilized the situation. Early responders are trained to begin the recovery process by assessing existing damage and preventing further damage (such as tarping roofs). When the early responders have done their work, UMCOR organizes Volunteers in Mission (VIM) teams. While these teams may include experienced and professional trades people, there is no specific expertise required to participate in VIM. In fact, one of the important jobs is to let the people who have experienced the disaster explain their stories and feelings.

In all of this, it soon becomes apparent that God is at work in healing the people who have experienced a disaster.

The Sunbeam

March 2016



Lansing United
Methodist Church

WORSHIP 9:00 A.M.
SUNDAY SCHOOL 10:30

PALM SUNDAY, MARCH 20

EASTER! MARCH 27
SERVICES 7:00 A.M.; 9:00 A.M.;
11:00 A.M.

Lansing United Methodist Church

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one mile north of the stoplight on
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www.lansingunited.org

The Sunbeam is published monthly by
Lansing United Methodist Church.

Please send your news to Glenn Withiam,
editor, at grw4@cornell.edu.
Deadline for the next issue is
March 15, 2016