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## The Sunbeam

June 2008  
Lansing United  
Methodist Church

Teacher Appreciation Sunday and  
Church Picnic  
June 8

**Inside:**  
Affirming Your Leaders, page 2  
Thanks to our teachers, page 4  
Ahoy and avast!, page 8

Summer schedule  
One service at 9:30 begins June 22.  
at LUMC, June 22  
in the Park, June 29

### Lansing United Methodist Church

32 Brickyard Road, Lansing, NY 14882  
one mile north of the stoplight on Route 34B in  
South Lansing.  
Church office: 607-533-4070  
E-mail: lumcoffice@twcnny.rr.com  
Office manager: Kay Thomas

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pastor32@twcnny.rr.com

[www.lansingunited.org](http://www.lansingunited.org)

**The Sunbeam** is published each month  
by Lansing United Methodist Church.

Please send your news to Glenn Withiam, editor,  
at [grw4@cornell.edu](mailto:grw4@cornell.edu), or use the Sunbeam folder  
near the church office.  
Deadline for the next issue is June 16, 2008.

Please join us for worship. Summer schedule begins June 22.

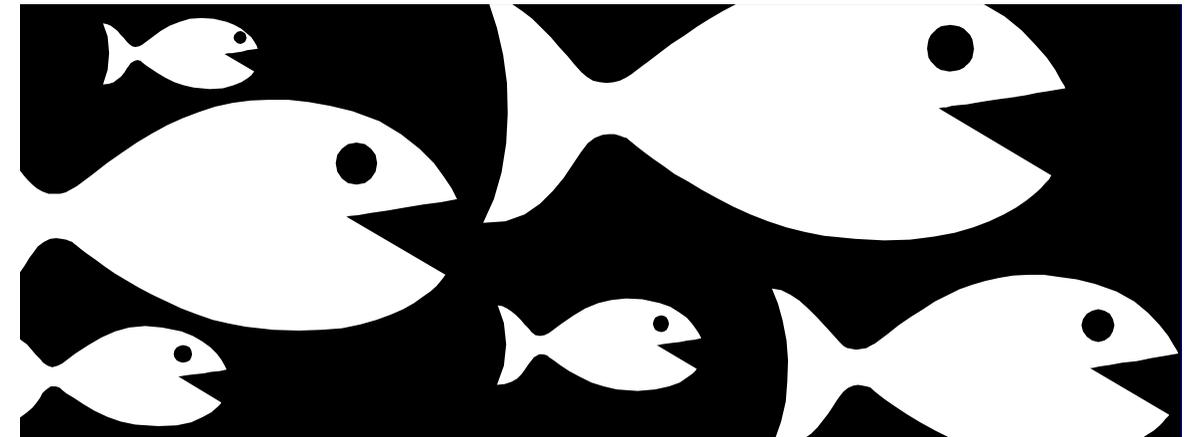
the LUMC June 2008

**Sunbeam**  
lansingunited.org



Lansing United Methodist Church  
Route 34B and Brickyard Road, South Lansing

Pastor: Bill Gottschalk-Fielding • Program Associate: Marilyn Paradise • Youth Coordinator: Kevin Dunn



Thanks to our Sunday School Teachers.  
Teacher Appreciation Sunday is June 8.

LANSING UNITED METHODIST CHURCH  
32 BRICKYARD ROAD  
LANSING NY 14882

### Youth Mission Slide Show

Please join us for the Lansing Youth Mission slide show at 9:45 AM in the Fellowship Hall at LUMC on Sunday, June 1. The youth will be presenting a recap of the three groups that traveled (37 travelers) and the various work that was done in Guatemala, including building 12 stoves, reforestation, and coffee sorting! In addition, the slide show will highlight visits from CFCA sponsored children, Easter celebrations, and educational visits to nearby villages. It is a great opportunity to learn more about youth mission and their work in the community, the U.S., and internationally. Youth, in grades 7 & 8, are invited to join the mission group—please contact *Steve Palladino* (533-4114) or *Sandy Conlon* (533-7698) for more information, especially if this notice reaches you after June 1.

### CCRM Wish List

CCRM is the Conference Camping and Retreat Ministry, the group which oversees our conference church camps, Aldersgate and Casowasco. To improve our campers' experience, Aldersgate and Casowasco have created a "wish list" of items that would help maintain high quality programming for both summer camp and retreat seasons.

Some of these items are relatively inexpensive, but others are higher ticket items. Perhaps your church, Youth Group, Sunday school, UMW, UMM, or other group or organization would like to work together to donate an item or items.

A full list of the items on the Wish List is available at [www.campsandretreats.org/index.php/aldersgate/support/](http://www.campsandretreats.org/index.php/aldersgate/support/) and [www.casowasco.org](http://www.casowasco.org) or you may contact us by phone at 315-364-8756 or by e-mail at [info@aldersgate-ny.org](mailto:info@aldersgate-ny.org) or [info@casowasco.org](mailto:info@casowasco.org).

Your support is sincerely appreciated.  
—*Camping Retreat Ministry*

### Wish List

- "Funyak" kayaks
- Lawn Tools (Rakes, Wheel Barrows, Weeding Tools, Etc)
- New/Gently Used Mountain Bikes
- Two-Way Radios (supplies, batteries, clips)
- ATV Utility Vehicle
- Sports Equipment (Archery Safety Screens, Basketballs, Volleyballs, Kickballs)
- BBQ Trailers
- 8' lightweight hard plastic tables
- Flowers (perennials, annuals, hanging baskets)
- Lumber for Multiple Projects around each site
- Small Pick-up Truck

We also urgently need counselors, especially men! See the item at right.

PS. There's still time to sign up for camp. If you want to be a church camper, LUMC will help pay the cost. We want everyone to go to camp!

### LUMC Summer Picnics

Four times each summer we gather for an all church picnic. Membership committee would like to continue this tradition again this summer. To that end, we need four families to volunteer to host.

**The dates have been set: July 9 and July 29, August 13 and August 19. These are two Tuesdays and two Wednesdays to give everyone a chance to attend.**

Hosting involves offering a lawn or patio, some beverages, and a way to cook food (grill, charcoal fire, whatever).

Guests bring a dish to pass, meat if they want it, and chairs and table service. Meals are totally luck of the draw. Ask old timers about the "no dessert picnic," which was followed by the "all dessert picnic."

The usual pattern is for people to gather between 6:00 and 6:30, put the meat or tofu on the grill, and plan to eat about 6:30. But it's summer and the schedule is relaxed. Picnics usually run rain or shine, so hosts need to think about alternate plan B if it does rain.

This is a fun way to catch up with old friends and meet new ones over the summer. If you don't know too many people at church, this is a good way to meet them.

So, to start the ball rolling, if you're willing to host, catch up to or call Bill Hinderliter at 533-7287 or Beth Bacorn at 257-2944. They'll be happy to answer any questions.

Don't forget the **benefit barbecue** for Brian Cleveland on June 7 at the Lansing Town ballfields. Even if they're sold out you can make a donation!

### Prayer Requests

- Brian Cleveland 7358 Cedar St., Akron, NY 14001
- Ev Davis 693 Lansing Station Rd.
- Bill Earl 2000 East Shore Dr.
- James Hall, Public Safety Bldg., 779 Warren Rd., Ithaca
- Bonnie Huff
- Edward Kennedy
- Bill King (Vicky Swanson's father)
- Harry Reinhart, 615 Ridge Rd.
- Frannie Sampson, 1138 Auburn Rd. (Groton)
- Rev. Virgil Versteeg
- Kylie Walley
- Charlotte Wilson 6 Conlon Rd.
- Marian Wilson Groton Nursing Facility, 120 Sykes St., Groton 13073
- Kyle Woodfield

Mourning family of Jackie Kelly

Please pray for those in our armed services:

- |                 |                |
|-----------------|----------------|
| Ken Allen       | Matt McDonald  |
| Richard Butler  | Travis Potter  |
| Matthew Cornell | Nick Prabhavat |
| Scott Cowles    | Josh Randles   |
| Steven Cowles   | Matthew Ravas  |
| David Ferris    | Adam Ward      |
| Trevor Judd     | Michael Zhe    |
| Shaun McCray    |                |

We rejoice and welcome five new members of our church. Confirmed in May were **Jasmond Johnson, Derrick Ryan, Sally Stoyell, Shanna Swanson, and Alison Veaner.**



## Affirming Your Church Leaders

From the Pastor

After a year and a half of debates, polls, primaries, caucuses, and delegate counts, you may have reached your limit when it comes to elections, but I want you to consider one more. On June 17 at 7:00 PM. in the Fellowship Hall every member of the congregation is invited to approve a roster of leaders to serve the church in the coming program year (which runs July 1, 2008, through June 30, 2009).

Why bother to come? Let me give you three excellent reasons. First, as a member of the congregation, it's your right and responsibility. In the United Methodist Church, leaders are identified and affirmed by the laity of the church. Pastors play their part, too. I chair LUMC's "Nominating Committee," which will present you with the roster of nominees. I've prayed, pondered, and discerned along with fellow committee members in developing this list. But after our nominations are made, you must affirm them. Your Methodist forebears fought long and hard to secure your right to have a say. Our United Methodist policy manual, the *Book of Discipline* is clear: servant-leaders in the church must be elected by church members. And that's as it should be. After all, these leaders will be serving you. They'll be organizing your Sunday School, caring for your church staff, managing your assets, and taking care of your church building. You know these folks who'll be brought forward. You know their gifts, skills, and commitment. Only your blessing will make them legitimate.

The second reason you should attend June 17 has to do with the power of your blessing. The leaders you approve will be making significant contributions of their time and energy in the year ahead. None of them will be paid for this. Though each will be fulfilling membership vows, seeking to give that hour a week each member is asked to give to service, they remain "volunteers." You and I owe them many thanks and support and we can begin to "pay up" by showing up June 17 to offer blessing prayers and words of encouragement. Once you've elected your leaders for the coming year, I'll invite you to surround them and help me ask God to equip and empower them. Through this simple act, we'll grant these brothers and sister authority to work on our behalf.

Finally, if you need a third reason, well, we're going to treat this gathering as a party. There'll be ice cream to share, a few songs to sing, and time just to be together. The Church Council will take just a few minutes to share an update on the congregation's strategic plan and invite your feedback. It won't be a long night (I suspect we'll be able to get into our cars by 8 o'clock or so), but it will be a good night. Especially if you are there. Please plan to attend. Let's get our leaders off to a great start.

+Grace and Peace,

*Pastor B.M.*

## CCRM Seeks Qualified Applicants

Our camping ministry is seeking qualified applicants for a Summer Staff position of Waterfront Coordinator, over 21 years of age, with skills, training, and certification in Lifeguarding (including waterfront module), First Aid, CPR for the Professional Rescuer, AED, and Water Safety Instruction (WSI) preferred. Experience as a lifeguard, swim instructor, and/or boating instructor is vital. The Waterfront Coordinator directs waterfront staff in supervision of swimming, boating, and other waterfront activities, and, if WSI, administers camper and staff swim evaluations.

CCRM is also seeking **qualified male applicants** for a Summer Staff position of Counselor. Applicants need to be over 18 years of age. Knowledge of or experience in group leadership, games and activities, natural environment, outdoor living skills, and certifications in CPR FPR and First Aid desired. The Counselor is responsible for 24 hour custodial care, the health, safety, and well being of assigned campers and providing leadership for programs and activities.

Please contact CCRM staff at 315-364-8756 or [program@campsandretreats.org](mailto:program@campsandretreats.org) for an application form or more information. CCRM, as a ministry of NCNY UMC, is an equal opportunity employer.

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### Summer Worship Times

June 1, 8, 15: 8:30, 11:00;

June 22: Summertime worship at the church: 9:30

June 29, Lansing Town Park, 9:30

Month of July, Lansing Town Park: 9:30

Month of August: Summertime worship at the church: 9:30

## Frequent Worship Attendance Enhances Longevity

(from the May 18th issue of *United Methodist Newscope*):

Veteran researcher and author Dr. Harold G. Koenig of UM-related Duke University is the senior author on one of the largest studies to provide population-based data on the association of attendance at religious services and survival in a nationwide representative sample of Americans. Dr. Koenig and his research team analyzed data from over 8,000 Americans aged 40 years and over who were followed for up to 12 years after examination. The data, which appeared in the February 2008 issue of the *Annals of Epidemiology*, show that risk of death during the 12-year span of the study was 30-percent lower among persons who attended religious services more than weekly and 20-percent lower among weekly attenders than among those never attending after taking into account the tendency of frequent attenders to differ from nonattenders in such ways as being older and more often female.

The association was seen in men and women, Caucasians, African Americans and Hispanics.

Several dozen smaller studies and one national study that have appeared previously have been remarkably consistent in finding that high frequency of attendance at religious services is related to lower risk of death. In this study, part of the apparent increased longevity was partially explained by effects of religious practice on factors such as smoking and social support. Previous studies have found that the religion of the majority of American believers combines a positive worldview, social support, healthy lifestyle and uplifting and calming ritual, all of which are hypothesized to have positive health effects.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>Worship 8:30 Youth Mission Presentation ~9:45 Worship 11:00</p> <p>Lockin for grades 6-8 concludes NCNY Annual Conference concludes</p>	<p>2</p>	<p>3</p> <p>Quilt Bee 9:30</p> <p>Staff Parish 7:00</p>	<p>4</p> <p>M.O.P.S. 10:00</p> <p>Bell Angels 6:00</p>	<p>5</p> <p>Senior High Gathering 7:00</p>	<p>6</p> <p>Women of Faith Retreat</p>	<p>7</p> <p>Mens' Breakfast every Saturday at Linda's in North Lansing 7:00 Benefit BBQ for Brian Cleve- land 11:00 (Ballfields)</p>
<p>8</p> <p>TEACHER APPRECIATION Worship 8:30 Outreach 9:45 Worship 11:00 Sunday School Picnic ~12:00</p>	<p>9</p>	<p>10</p> <p>Quilt Bee 9:30</p>	<p>11</p> <p>Bell Angels 6:00 Choir 7:00</p>	<p>12</p> <p>Trustees 7:30</p>	<p>13</p>	<p>14</p> <p>Mens' Breakfast 7:00</p>
<p>15</p> <p>FATHERS DAY Worship 8:30 K.A.N. Informational Meeting ~9:30 Worship 11:00</p>	<p>16</p> <p>Haiti 7:00</p> <p>SUNBEAM DEADLINE 12:00 Midnight</p>	<p>17</p> <p>Quilt Bee 9:30</p> <p>Church Council 7:00</p>	<p>18</p> <p>M.O.P.S. 10:00</p> <p>Bell Angels 6:00</p>	<p>19</p> <p>Planning Meeting for New Church Service 7:30</p>	<p>20</p>	<p>21</p> <p>Mens' Breakfast 7:00</p>
<p>22</p> <p>Worship 9:30 at LUMC Summertime Schedule Begins Food Pantry Setup Church Cleanup Work Bee Bell's Angels Concert 4:30</p>	<p>23</p> <p>Food Pantry 4:00</p>	<p>24</p> <p>Quilt Bee 9:30</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p> <p>Mens' Breakfast 7:00</p>
<p>29</p> <p>Worship 9:30 Lansing Town Park at Myers</p>	<p>30</p>	<p>Note: This calendar is current as of May 21. For up- dates to all LUMC events, visit <a href="http://lansingunited.org">lansingunited.org</a> and see our virtual church calendar, and check the bulletin when you're in church on Sunday.</p>		 <p><i>Lansing United Methodist Church</i></p>	<p><i>June 2008</i></p>	

# Worship in June

A note on worship schedules. We will meet for our regular schedule of two morning services, at 8:30 and 11:00, on the first three Sundays this month, June 1, June 8, and June 15. We start our summertime schedule on June 22. On June 22 through Labor Day, we will meet at 9:30 only. Plus, on June 29 (and all of July), we will meet at Myers Town Park, Pavilion D.

**June 1—Third Sunday after Pentecost (8:30 and 11:00):** This Sunday's gospel lesson counters any easy "relativism" we might adopt for ourselves. Just as it mattered to the homeowners in Jesus' parable what sort of soil on which they built their homes, so it matters on what sort of moral and ethical foundation we build our lives. Living by Jesus-values, like seeking justice for the poor and forgiving enemies, provides the solid ground upon which disciples build their lives. What sort of grounding do you and I have? We welcome Reverend Roland Ryan, who will lead worship and communion while Pastor Bill is at Annual Conference. Read: Genesis 6:11-22; 7:24, 8:14-19; Psalm 46; Romans 1:16-17; 3:22b-28; and Matthew 7:21-29.

**June 8—Fourth Sunday after Pentecost and Teacher Appreciation Sunday (8:30 and 11:00):** Jesus invites his hearers to learn what God means when he says, "I desire mercy, not sacrifice." Do you know what that means? What difference does living by mercy rather than by sacrifice make in a life? Is the life of Jesus the answer to that question? If so, how does his life call ours into question? The children will be assisting in worship leadership this morning as we celebrate our Children's Ministries, especially our Sunday School. Read: Genesis 12:1-9; Psalm 33:1-12; Romans 4:13-25; and Matthew 9:9-13, 18-26.

**June 15—Fifth Sunday after Pentecost and Father's Day (8:30 and 11:00):** As he readied his disciples to go off on their own for a time, he challenged them, "You received without payment; give without payment." In our achievement oriented culture where most things have a price tag, what does it mean we've "received without payment?" And what does it mean to "give without payment?" Read: Genesis 18:1-15; Psalm 116:1-2, 12-19; Romans 5:1-8; and Matthew 9:35-10:8.

**June 22—Sixth Sunday after Pentecost (9:30, at the church):** "I have not come to bring peace, but a sword," Jesus told his disciples. What happened to "Jesus, Meek and Mild," the "Prince of Peace?" What sort of trouble does Jesus intend to get us in? Read: Genesis 21:8-21; Psalm 86:1-10, 16-17; Romans 6:1b-11; and Matthew 10:24-39.

**June 29—Seventh Sunday after Pentecost (9:30, Myers Town Park):** Many are saying today the best way to communicate the gospel isn't with great preaching, moving praise songs, or even dazzling multi-media presentations, but with radical hospitality. There are just too many places today with no space for strangers, newcomers, outcasts and sinners. Jesus challenges his followers make room. Read: Genesis 22:1-14; Psalm 13; Romans 6:12-23; and Matthew 10:40-42.

## Special Notice for Parents of Children Entering Grades 3-5 in the Fall

Please join us with your children for an informational meeting about K.A.N. (Kids in Action Now), a new program we'll be starting in the Fall. The meeting will be held on Sunday, June 15, between services in the adult Sunday School classroom. We'll be discussing what K.A.N. is all about and soliciting ideas from parents on how to make this program schedule friendly.

The goal of K.A.N. is to involve kids in the helping ministries of our church, first by learning about specific programs and then by participating in activities to support those programs. We'll be combining those activities with some fun too! Experience teaches that kids this age can do phenomenal things whenever we ask them to become involved in helping others. K.A.N. will allow kids to contribute while developing a deeper understanding of outreach programs and possibilities within the church.

Please plan to join us and find out more on June 15. Contact *Marilyn Paradise or Bonnie Blair, 257-0721* for more information.

**Interested in Children's Ministries, But Don't Know How You'd Like to Get Involved? Please read on...**

**Sunday School Teachers and Shepherds.** We've been blessed with a dedicated group of teachers and leaders who've made Sunday School a great experience for our K to 6th graders. Using a rotational model, students in each grade level learn about a chosen theme for three weeks, in the Bible Story classroom, the drama room, and the craft room. Shepherds for each grade level assist the teachers with the lesson activities. We're planning now for the

Fall and need teachers and shepherds for the coming school year, and would love to learn of your interest in helping out the Sunday School program. It is a universal experience of Sunday School teachers that they get at least as much enrichment from the program as do the children (usually more!). It's hard to express in words how rewarding Sunday School can be for its leaders. Please prayerfully consider whether you're ready to make this commitment, and contact *Kay Thomas or Marilyn Paradise* for more information.

**Are you particularly called to mission or service?** Serving as an adult mentor in the K.A.N. (Kids in Action Now) program might be a great way to be involved in children's ministries. K.A.N. is designed to channel the boundless energy, enthusiasm, and drive that our young people have to help others in support for ongoing outreach ministries at our church. Each month, this group of 3rd through 5th graders will learn about a program our church supports and complete a project to help out with that ministry. An added benefit for everyone involved will be getting to know the members of our church who are dedicated to making these helping programs work. The projected time commitment would be about 2 hours per month to assist with the K.A.N. meeting, and occasional participation in service projects that fall outside the meeting times.

To find out more or if this would be a good fit for you, please contact *Bonnie Blair, 257-0721*, or join us for a parent informational meeting on Sunday, June 15, between services in the adult Sunday School classroom.

## Pirate Alert!

Suspicious-looking pirates have been sighted near Lansing United Methodist Church.

Don't worry, Pastor

Bill assures us that these pirates are the good-hearted sort. They've made port at the church in preparation for VeggieTales The Pirates Who Don't Do Anything and an unforgettable week of VBS, scheduled for the evenings during the week of July 21 through 25. There be good-hearted pirates aplenty to lead kids in all kinds of Bible-learning fun. Our pirate crews of kids entering Kindergarten through 5th grade will include our friends from All Saints Church, as



well as anyone you'd like to bring along for the adventure! Please preregister now—forms are available at the church office or on the church website. For further information, contact Marilyn Paradise or Bonnie Blair, 257-0721.

### Calling All Kinds of Talents for VBS—

We've got a job for anyone who'd like to help out with VBS, either before or during Vacation Bible School week, July 21 through 25, for as much or little time as you have available. Would you like to spend time with K-5th grade kids, eager to learn God's message while having fun? If so, we need help with games, drama, singing, and storytelling. Do you like production and sound systems? We can use your support behind the scenes too! Leading up to VBS, we have planning, decorating, setting up, costumes—all sorts of outlets for creativity or energy. Please sign up on the Narthex bulletin board or contact *Marilyn Paradise or Bonnie Blair, 257-0721* for more information.

### Ceiling Fan Update

I have some **fantastic** news. I have been notified by the trustees that they have decided on 6 fans for the sanctuary. These fans will have additional lighting on them, giving us more flexibility in lighting the sanctuary. They will cost (parts and labor) approximately \$1000.00 each. To date we have \$771.00 If you can contribute to this project send a check to LUMC Fan club .I am going to negotiate a deal with the Ludlow Village People to bring them back for a song at the end of this campaign. They are on their world tour right now. They were held over last week in Genoa..... Thanks, *Rick Hayes*

## Planting Seeds of Faith

**You teach a little by what you say. You teach the most by what you are.**  
—*Dr. Henrietta Mears, Christian Educator/Founder of Gospel Light*

One of the greatest gifts we possess is the gift of our faith. One of the best things we can do with the gift of faith is to share it with others. As Christians we are called to go out and make disciples of Jesus, planting and nurturing seeds of faith. Therefore go and make disciples of all nations, baptizing them in the name of the Father, and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always to the very end of the age. ( Matthew 28:19-20)

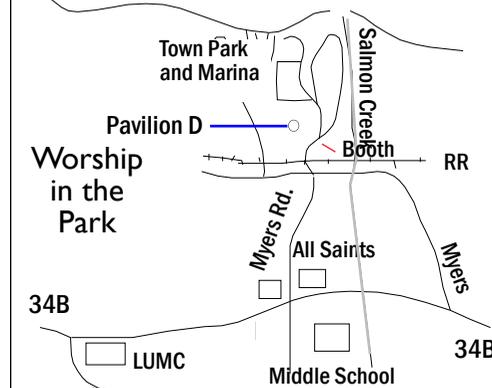
Each time we welcome a new member into our church family, we are asked to guide them on their spiritual journey. LUMC is abundantly blessed with many who generously share their faith by caring for others. The Children, Youth

and Adult Ministries Committees review curriculum that they feel would best serve students enrolled in the program. The curriculum is then adapted to suit various age groups. Time, energy and commitment go into preparing for a year of study. On Sunday, June 8, we have the opportunity to show our gratitude to these caregivers by honoring and celebrating the Ministry of Christian Education at **Teacher Appreciation Sunday**. The Sunday School picnic and dish-to-pass luncheon follows the 11:00 AM Service of Worship.

This year our Christian educators include: Mary Adie, Beth Acoff, Jo Baker, Bonnie Blair, Anne Czymmek, Sandy Dhimitri, Kevin Dunn, Janet Keefe, Melody Lombardo, Mary Alice Rounds, Christa Salmon, Peg Stoyell, Jeanne Taylor, Kay Thomas, Stuart Thomas, Dianne Walter, Stacy Wilder, and Karen Yahn. Adult leaders include Ken Hover, Ed LaVigne, Jan Nagel, Rev. Dave Nicholls, Dianne Southard, Sharey Travis, Dianne Walter, and Pastor Bill. Christian education is the highest priority of the church and we are blessed to have so many folks participating in the faith formation of children, youth and adults. Please join us on June 8. God Bless.— *Marilyn Paradise*

### Where to Find Worship in the Park starting June 29

Cayuga Lake. Turn around if you get this far. North (roughly speaking)



From church, go downhill on 34B to the four corners by the Middle School. Turn left on Myers Rd. downhill. Straight at the stop sign, and cross the RR tracks. Bear right into Myers Park and then left after the booth.